



Paw Prints



*News and Information from
Community High School District 128*

August 2006

Back-to-School Edition



Service

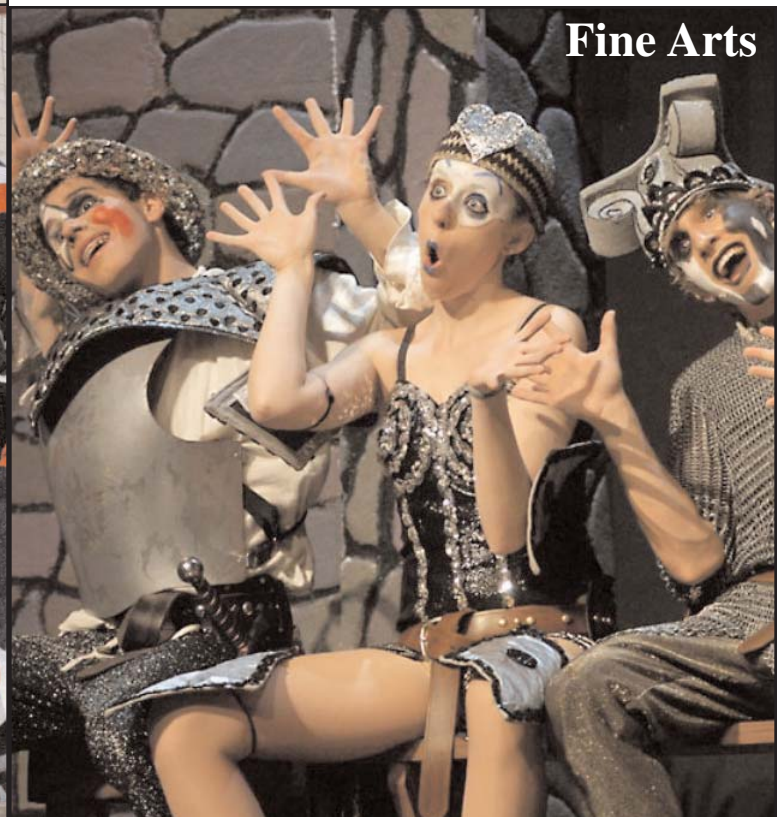


Clubs

How will YOU get involved this school year?



Athletics



Fine Arts

Welcome
back to
District 128!

**Administrative Offices**

940 W. Park Ave.
Libertyville, Illinois 60048
847-367-3159

Libertyville High School

708 W. Park Ave.
Libertyville, Illinois 60048
847-327-7000

Vernon Hills High School

145 N. Lakeview Parkway
Vernon Hills, Illinois 60061
847-932-2000

<http://www.district128.org>

Board of Education

Anne Landgraf, President
Judy Sugarman, Vice President
Jan Foreman, Secretary
Judy Berliant
Pat Groody
Ellen Mauer
Dennis Ryan

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Irene Ginakakis (Vernon Hills High School)
Elliott Isaac (Libertyville High School)

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Dr. David L. Clough, Superintendent
Prentiss Lea, Associate Superintendent
Yasmine Dada, CPA, Assistant Superintendent
for Business
Deborah Larson, Director of Curriculum and
Instruction
Mary Todoric, Director of Communications

Libertyville High School

Brad Swanson, Principal
Eric Maroscher, Assistant Principal
Diane Phillips, Assistant Principal
Ron Bjurstrom, Director of Student Support Services

Vernon Hills High School

Dr. Ellen Cwick, Principal
Jean Aucutt, Assistant Principal
Jon Guillaume, Assistant Principal
Sue Butler, Director of Guidance

Community Education Program

Dr. Lester "Buzz" Perry, Director of
Community Education and Grants

Paw Prints is published five times a year for District 128 families. Questions and comments should be addressed to *Paw Prints* Editor Mary Todoric, Director of Communications, at 847-327-7186 or mary.todoric@d128.org.

*Superintendent's Message***Welcome to the 2006-07 school year!**

The first day of school is just a few weeks away, and it is my pleasure to welcome our District 128 families for the 2006-07 school year. The goal of our back-to-school edition of *Paw Prints* is to give our students and families an opportunity to plan for the events that take place at the very beginning of the school year, to alert families of any important changes for this year, and to give students--especially those new to the District--an overview of the many clubs, sports and other activities that are available at Libertyville and Vernon Hills High Schools.

Each new school year brings fresh faces and programs to our schools. In addition to welcoming the class of 2010, we also begin this year by welcoming more than 50 new employees to our District. Many of these teachers and support staff members are filling positions left last spring by our many retirees. Other changes you will notice include the tennis courts at VHHS and the gymnasium addition at LHS, which replaces the gym no longer available for use at the Brainerd Building. District 128 is also launching an email news subscription service to provide timely updates to members of our school community. See the article on page 20 for details.

I hope this school year will find all of our students immersed in activities as well as studies. Research has shown an important link between student academic achievement and participation in school activities. I challenge all students in District 128 to use the next few weeks to reflect on your interests, review the opportunities available to you at school, and to join at least one student organization in 2006-07. You'll be glad that you did!

I look forward to meeting our new students and parents, and wish all of you a successful 2006-07 school year.

Enjoy the remaining weeks of summer!

David L. Clough, Ph.D.
Superintendent

Parents: Make d128.org your source for District 128 news and information

Parents are encouraged to visit the Community High School District 128 web site at www.d128.org for a wealth of information about the District. The site contains links to both high schools, as well as links to the District budget, Board of Education meeting dates, meeting minutes, the school calendar, news, publications and more.

The importance of strategic planning

by Prentiss Lea, Associate Superintendent



Greetings from District 128! As we prepare for the beginning of the 2006-2007 school year, let me thank you for your continued partnership with District 128 and Libertyville and Vernon Hills. The involvement of parents and community members in the process of planning, developing and implementing excellent academic, co-curricular and extra-curricular programs for your children is critical to our success. That involvement is also critical in shaping a future vision for the District that will ensure the continuation of the excellence that has come to symbolize a District 128 education. An example of an important school, parent and community activity is the creation of a District strategic plan.

In April 2006, a group of 24 parents, community members, support staff, teachers, administrators, students and board members worked for three days with consultant **Dr. Larry Fuglesten** to develop a five-year strategic plan for District 128. Dr. Fuglesten facilitated the group through a process that resulted in the affirmation of the District mission statement; the development of a set of foundational beliefs about our students, schools and District; development of strategic parameters or values defining what we will and will not do in working with our students, parents and communities; and finally the development of three high priority strategic initiatives that will guide our work for the next five years. It was an awesome and significant process in the life of our district.

So, why is Strategic Planning so important? The strategic planning process is important because it brings representative constituents together to utilize their collective experiences, expertise and wisdom to create a future vision for the district, high priority goals to guide our work and utilization of our human, financial and time resources, and also provides a broad framework for more specific school improvement planning efforts which will follow in the 2006-2007 school year. And, by establishing goals and then action plans to achieve those goals, along with evaluation criteria to measure our progress, we have the best opportunity to ensure that each one of our students can achieve at the highest possible levels. So, we are very excited about working with you over the coming months and years to develop and implement the strategic planning goals.

Thank you to the following individuals who served as members of the Strategic Planning Team:

Board of Education

Anne Landgraf
Judy Berliant

District Administrators

Dave Clough
Yasmine Dada
Deb Larson
Buzz Perry
Mary Todoric
Mick Torres
Kathleen Witt

Principals

Brad Swanson (LHS)
Ellen Cwick (VHHS)

Department Supervisors

Greg Herman (LHS-Science)
Paul Kemp (VHHS-English)

Teacher Association President and LHS/VHHS Teacher

Donalee Frounfelter

Teachers

Alice Leafblad (LHS-Special Education)
Jennifer Paul (LHS-Special Education)
Mark Spacone (LHS-Social Studies)
Jason Czarnecki (VHHS-Mathematics)
Kim Raciak (VHHS-Foreign Language)

ESP

Caryl Page (LHS-Registrar)
Laura King (VHHS-Registrar)

Current and Future Parents

Nancy Wedell (LHS)
Jim Batson (VHHS)
Kathy and Mark Peterson (VHHS)

Business Community

Dwight Houchins (GMLV Chamber Executive Director)
Dave Hayward (YMCA CEO)

Students

Perry Landers (LHS)
Melissa Silverberg (VHHS)

Look for summary of the Strategic Plan in the next edition of *Paw Prints*. Have a great school year!

Do you know who your son or daughter may be inviting into your home?

by Mick Torres, Educational Technology Director



With MySpace adding approximately six million new members each month, the popularity of this social networking web site doesn't appear to be diminishing. It now stands #2 after Yahoo as the most popular web address on the planet. But controversy over MySpace is also growing at a phenomenal rate. Reports of adults making sexual contact with teens after engaging in discussions on this popular site are making national headlines almost daily. Thankfully, it hasn't made news here in District 128.

In early February 2006, Community High School District 128 launched an Internet Safety campaign to bring about an awareness for students, parents, staff and community members that information local teens were posting on MySpace.com, as well as other online social networking sites, presented some inherent risks to their personal safety and the safety of their friends. To this end, administrators and teachers were in-serviced on the topic, parents were provided safety seminars hosted by both campuses, online safety tips were posted on all three District web sites, and lastly, policy was developed in the District's Athletic and Activity Code of Conduct, intended to encourage responsible use of this form of online social networking.

This message has reached hundreds of District 128 teens and many now realize that the posting of personal information and photos not only compromises their safety, but also creates a "shadow résumé" that potentially can be viewed by prospective college entrance officials, scholarship review committees and future employers. For now, students are clearly doing a better job disguising their identities and providing better security on exactly who can view their personal information or engage in group discussions. But are they really safe? Is it possible that they are still not being responsible with regard to their personal MySpace activities? Many teens openly admit they allow people they've never met before onto their "friends" list simply because other friends have them on their list or that specific detail in the request makes them feel comfortable that this person is harmless.

Parents and guardians, ask your students these specific questions:

1. Have you ever engaged in a chat or discussion with someone you've never met before?
2. Do you have a MySpace web site and have you met personally all of your "friends"? Have you visited your "friends" pages and are they revealing personal information about you, or photos of you, without your permission?
3. Have you ever been tempted to meet someone in person you met only online? If you have exchanged emails and have had chats with someone you've never met for a long period of time, let's say a year, what kind of information would you confirm before agreeing to a face-to-face meeting? Would you meet this person alone?

The best safety tip for parents is to become actively involved in your child's online activities and to supervise them regularly. A student who has access to the Internet on a personal computer locked away in their bedroom, away from your direct supervision, is at risk for engaging in unsafe behavior. Talk to them daily about what sites they are visiting and know when they are using the computer for social time or homework. If they have a MySpace page, visit it regularly and always be aware of what information your student is posting and who they are talking to. Remind them to never post information that speaks negatively about others, harasses others, or that potentially can cause a disruption at school. Arguments and fights over what "he said or she said" online is increasingly coming onto campus and almost always requires an intervention. And lastly, remind them to never post anything that can embarrass them later or expose them to some kind of danger.

District 128 teens who use MySpace as simply an online place to hang out with friends, exchange dialogue in a password-protected environment, and avoid posting personal information or photos in this public space can have a safe and enjoyable experience. But if their intent is to use MySpace as a way to meet new people, the risks can become dangerous. People aren't always who they say they are and learning about this the hard way is a parent's greatest fear.

Board of Education approves District foundation formation

As school funding becomes less certain and expenses increase, budgets must be tightened. As a result, many school districts nationwide have formed education foundations to help support teaching and learning in the classroom. District 128 has studied the issue of foundations and whether a foundation would be beneficial to Libertyville and Vernon Hills high schools. At its June meeting, the District 128 Board of Education approved the hiring of foundation consultant **Dr. Glen Gerard** to assist the District in forming a foundation. Dr. Gerard has assisted many neighboring school districts establish foundations.

During the coming months, a foundation design team will be formed. Under the direction of Dr. Gerard, the design team will develop the mission and goals of the District foundation. Watch for more details about the District 128 foundation in future editions of *Paw Prints*.

Community High School District 128 Board of Education Members 2006-07



Anne Landgraf
President



Judy Sugarman
Vice President



Jan Foreman
Secretary



Judy Berliant



Pat Groody



Ellen Mauer



Dennis Ryan

Irene Ginakakis
VHHS Student
Board
Representative

Elliott Isaac
LHS Student
Board
Representative

Community High School District 128 Board of Education 2006-07 Meeting Schedule

The Community High School District 128 Board of Education encourages parents and community members to attend its meetings. The following is a schedule of this school year's meeting dates. Additional information about the meetings, including agendas and minutes, can be found on the District 128 web site, www.d128.org.

Regular Board Meeting Dates

**7:00 p.m. at the Vernon Hills High School Library
145 N. Lakeview Parkway, Vernon Hills**

Monday, July 24, 2006
Monday, Aug. 28, 2006
Monday, Sept. 25, 2006
Monday, Oct. 23, 2006
Monday, Nov. 13, 2006
Tuesday, Dec. 19, 2006
Monday, Jan. 22, 2007
Monday, Feb. 26, 2007
Tuesday, March 20, 2007
Monday, April 23, 2007
Tuesday, May 29, 2007
Monday, June 25, 2007

Board meetings televised on cable, videotapes available at library

Regular meetings of the Community High School District 128 Board of Education are televised on cable on the following days and times:

Libertyville
Channel 19
Thursdays at 7:00 p.m.

Vernon Hills
Channel 4
Wednesdays following the 6:30 p.m. airing of the District 73 Board meeting (approximately 8:00 - 8:30), and Sundays at 2:00 p.m.

Videotapes of the meetings are also available at both locations of Cook Memorial Public Library.

Tamasaukas and **Lauren Schorsch** will be in the pit orchestra, and LHS student **Matt Bialek** will be a tech team member.

■The LHS newspaper, *Drops of Ink*, received the Northern Illinois Student Press Association Golden Eagle Best in Class Award. Students receiving individual honors from NISPA are **Liz Gortz**, **Katie Klimusko**, **Ted Strychalski**, **Ellen Renfroe**, **Steve Di Benedetto**, and **Evan Johnson**.

■LHS student **Rob Leu** competed in the Skills USA National Competition and placed 25th in the nation in automotive service technology.

Summer news items

■LHS students **Shannon McKercher**, **Dan Gehlbach**, and **Carina Delavega** joined 17 other Lake County teens as a delegation selected by the People to People Student Ambassador Program to visit the British Isles this summer. As part of the program they spent three weeks learning about government, economy and culture of England, Ireland, Scotland and Wales.

■Several District 128 students have been selected to participate in this year's All-State Theater Production. VHHS students **Matt Nuernberger** and **Stephanie Grebe** and LHS students **Pippa Soo**, **Adam Hill** and **Jon Wepler** will be a part of the cast. VHHS students **Kevin Kunkel**, **Melissa Chua**, **Andrew**

Student Assistance Program: Making a difference in students' lives

by Margaret Pither, VHHS SAP Coordinator and Nancy Dick, LHS SAP Coordinator

Many people are unaware that Community High School District 128 has an award-winning Student Assistance Program. This program has been in place since 1987 and was recognized by the United States Department of Education as an outstanding drug prevention program in 1989.

A Student Assistance Program is simply a systematic approach to prevent and assist students with the challenges presented during their high school years. The program consists of prevention, intervention and support.

Prevention deals with all of the things that the school, parents and community do to keep our kids healthy. Some examples of prevention strategies include the school policy and co-curricular code of conduct, both of which define expectations, limits and consequences. Student prevention groups such as SPARK, Voices in Prevention, ACE and First Class all provide a supportive environment for students who are committed to a healthy, drug-free lifestyle. These students also reach out to influence their peers to make positive decisions. Prevention also includes education for staff, students, parents and the community.

Intervention is the halting of potentially harmful behavior. The intervention systems that are in place at LHS and VHHS focus on early intervention with strategies to refocus student learning and growth. Each school has a core team made up of teachers, counselors, social workers, school resource officers, support staff, nurses, administrators and of course the SAP Coordinators. This team meets weekly to review student referrals and to oversee and evaluate the SAP components and activities.

Support encompasses all of the programs, services and approaches that support positive momentum for healthy student change. This includes student support groups and one-to-one counseling. In summary, the Student Assistance Program in District 128 is a partnership of school personnel, students, parents and community service providers all working to address alcohol, drug and other issues related to our students' well being.

If you have any questions about the District 128 SAP, please contact: **Nancy Dick**, SAP Coordinator LHS, 847-327-7030 or **Margaret Pither**, SAP Coordinator VHHS, 847-932-2158.

Meet the SAP Coordinators

Margaret Pither has been the SAP Coordinator at Vernon Hills High School for the past six years and is pleased to welcome **Nancy Dick** as the new SAP Coordinator at Libertyville High School. Both Margaret and Nancy come with a clinical background in counseling and substance abuse. Nancy has been working in school social work and student assistance since 1999 in Lake County. Both Margaret and Nancy serve on the governing board for the Illinois State Association of Student Assistance Professionals and are members of the Lake County SAP Roundtable.

Your Student Assistance Program is a confidential resource in the schools for both parents and students. Please don't hesitate to call if you have any concerns or questions as we want to be a resource you and your family. Mark your calendars to join us at the next District 128 Parent Workshop, "Sex, Drugs, Blogs...and Other Teen Behaviors," scheduled for Wednesday, Nov. 8 at Vernon Hills High School.

VHHS Parent/Guardian Passive Consent Form - Drug Use and Perceptions Survey

Vernon Hills High School is asking you to allow your child to fill out the Drug Use and Perceptions Survey that will be administered at VHHS on Nov. 1, 2006. This survey will serve as an assessment for the school, guiding future programming decisions in the area of substance abuse prevention. The survey takes approximately 20 minutes to complete, and will be administered during your child's third period class. The survey was developed by the Center for Prevention Research and Development at the University of Illinois, Urbana-Champaign.

The survey is voluntary and anonymous. If there are any questions your child does not wish to answer, he/she may skip those questions, or stop taking the survey altogether. Students will be reminded of these options before the survey is administered.

The questions included in the survey will address the following: personal alcohol and drug use, perceptions of peer alcohol and drug use, and perceptions of the school environment.

If you DO NOT want your child to participate in this survey, please sign and return this form to Margaret Pither, SAP Coordinator, Vernon Hills High School, 145 Lakeview Parkway, Vernon Hills, IL 60061, no later than Oct. 20, 2006. Your decision will not, in any way, influence your or your child's relationship with Vernon Hills High School.

If you have any questions regarding this survey, please contact **Margaret Pither** at VHHS (847-932-2158), or **Erin Ficker** at the Center for Prevention Research and Development at the University of Illinois (888-333-5612).

Your signature below indicates that you DO NOT want your child to participate in this survey.

My signature below indicates that I have read and understand the above explanation, and I DO NOT want my child to participate in the Drug Use and Perceptions Survey that is being administered at Vernon Hills High School.

Student's Name _____

Parent's Name _____

Date _____

District 128 Fine and Performing Arts Department 2006-07 Calendar of Events

Wednesday, Sept. 13
LHS Faculty Recital
7:30 p.m., LHS Auditorium

Thursday, Sept. 28
LHS/Jr. High Orchestra Festival
7:30 p.m., LHS Auditorium

Thursday, Oct. 19
LHS/Jr. High Choral Festival
7:30 p.m., LHS Gymnasium

Thurs.-Sat., Oct. 26-28
VHHS Fall Play
7:30 p.m., VHHS Studio Theater

Thursday, Nov. 2
VHHS Choir Fest
7:30 p.m., VHHS Auditorium

Thurs.-Sat., Nov. 2-4
LHS Musical
7:30 p.m., LHS Auditorium

Thursday, Nov. 9
VHHS Orchestra Festival
7:30 p.m., VHHS Auditorium

Saturday, Nov. 11
IMEA - District Jazz
3:00 p.m., Hersey High School

Thursday, Nov. 16
LHS/Jr. High Band Festival
7:30 p.m., LHS Gymnasium

Thursday, Nov. 16
VHHS Band Festival
7:30 p.m., VHHS Gymnasium

Fri - Sat., Nov. 17-18
VHHS One Act Plays
7:30 p.m., VHHS Studio Theater

Wednesday, Nov. 29
LHS Orchestra Concert
7:30 p.m., LHS Auditorium

Tuesday, Dec. 12
LHS Holiday Music Festival
Dress Rehearsal
5:00 p.m., LHS Auditorium

Thursday, Dec. 14
LHS Holiday Music Festival
7:30 p.m., LHS Auditorium

Thursday, Dec. 14
VHHS Holiday Music Festival
7:30 p.m., VHHS Auditorium

Wednesday, Jan. 10
District/Jr. High Jazz Festival
10:00 a.m., LHS Auditorium

Wednesday, Jan. 31
VHHS Band Concert
7:30 p.m., VHHS Auditorium

Fri.-Sat., Feb. 9-10
LHS Winter Play
7:30 p.m., LHS Auditorium

Thursday, Feb. 22
LHS Cabaret
7:30 p.m., LHS Cafeteria

Thurs.-Sat., Feb. 22-24
VHHS Musical
7:30 p.m., VHHS Auditorium

Wednesday, Feb. 28
LHS Winter Band Concert/Jr. High
Performance
7:30 p.m., LHS Auditorium

Thurs.-Fri., March 1-2
LHS One Act Plays
7:30 p.m., LHS Studio Theatre

Saturday, March 3
IHS Solo/Ensemble Music Contest
All Day, TBA

Thurs.-Fri., March 8-9
LHS Orchesis Dance Recital
7:30 p.m., LHS Auditorium

Wednesday, March 14
VHHS Cabaret
7:30 p.m., VHHS Lobby

Friday, March 16
LHS Jazz Concert
7:30 p.m., LHS Auditorium

Tuesday, March 20
VHHS Music Concert
7:30 p.m., VHHS Auditorium

Wednesday, March 21
LHS Winter Orchestra Concert
7:30 p.m., LHS Auditorium

Thursday, April 12
North Suburban Conference Art Show
6:30 p.m., VHHS

Thursday, April 19
VHHS Orchestra Concert
7:30 p.m., VHHS Auditorium

Wednesday, April 25
L.I.S.A. Art Show
6:00 p.m., Hosted by The Great Frame Up
Fri.-Sat., April 27-28
LHS Spring Play Performances
7:30 p.m., LHS Auditorium

Wednesday, May 2
LHS Spring Band Concert
7:30 p.m., LHS Auditorium

Wednesday, May 9
LHS Spring Choir Concert
7:30 p.m., LHS Auditorium

Thurs - Sat., May 10-12
VHHS Spring Play Performances
7:30 p.m., VHHS Studio Theater

Thursday, May 17
LHS Spring Orchestra Concert
7:30 p.m., LHS Auditorium

Thursday, May 17
VHHS Orchesis Dance Recital
7:30 p.m., VHHS Auditorium

Sunday, May 20
Best of Best - L.I.S.A. Show

Tuesday, May 22
VHHS Art Show
Lobby, 7:00 p.m.

Wednesday, May 23
VHHS Art Show
Lobby, 8:00 a.m. - Noon

Thursday, May 24
VHHS Band Concert
7:30 p.m., VHHS Auditorium

Thursday, May 24
LHS Art Show
7:00 p.m., Gymnasium

Friday, May 25
LHS Art Show
8:00 a.m. - Noon, Gymnasium

Friday, May 25
LHS Collage
7:30 p.m., LHS Auditorium

Wednesday, May 30
VHHS Spring Orchestra/Choir Concert
7:30 p.m., Auditorium

Thursday, May 31
LHS Pops Concert
TBA, Independence Grove

For more information, call the Fine Arts
offices at LHS (847) 327-7058, 327-7057
or VHHS (847) 932-2283, 932-2282
All information current as of 7/12/06.
Changes and updates will be posted on
the District 128 Web site:
<http://www.d128.org>

Writing your personal statement

by Vic Capron, VHHS College and Career Counselor



Many private colleges and universities and a growing number of public universities require personal statements also called “application essays.” Although the essay will not make up for a poor academic record, it can be a decisive factor when an admissions decision could go either way.

Seniors, you have little control to change your cumulative grade point average and class rank, your test scores, or your community activities, but you do have control to make your essay anything you want it to be. Although the importance of your essay varies from college to college, all colleges expect to receive a well-organized, clearly presented, carefully proofread piece of writing. Show the admissions office how you write and, more important, how you think.

Choosing a topic....Many colleges will either give you a topic to write about or give you several topics from which you must choose. Regardless, here are a few general hints.

- ✍ Narrow your topic; try to be as specific and illustrative as possible. Focus on one experience and make it come alive.
- ✍ Remember that little incidents and facts are often the most revealing of character and outlook.
- ✍ Show what kinds of influences have shaped who you are.
- ✍ Don't choose a topic that only repeats information listed elsewhere on your application. Don't mention GPAs or test scores in your essay.
- ✍ Write a solid, interesting introductory paragraph. Admission officers and essay readers will read hundreds of essays during the application period. That means your first paragraph must “hook” your readers, so make sure you spend time developing it.
- ✍ Be yourself. Write in your own voice and style. Use an informal, conversational tone.
- ✍ Avoid excessive use of “I”. The overuse of “I” pronoun when starting your sentences can be detrimental to your essay. For example, you could replace “I always work hard to keep my grades up” with “Working hard to keep my grades up is a priority with me.”

cont. on p. 9

College Retention: Are our grads college-ready?

by Ole Stevens, LHS College and Career Counselor



With a new school year about to begin, my thoughts often return to last year's graduating class. How are they going to do? Are they going to be happy with the schools they chose? Are they going to go back for their sophomore year of college? Are they going to graduate in four (or five) years? Are they going to graduate?

According to research published in College Bound, a newsletter for college admissions advisors, nationally only about 68% of students graduate from high school and only 40% of those immediately enroll in college. Of those who enroll in college, only 67% return for their second year. That is alarming because over one-third of college freshmen quit college without a degree. Unfortunately, they have wasted a year when they could have been doing something else and they have mounting college debts to pay off. Why do so many high school grads fail to be college ready?

College Bound went on to describe two reasons. First of all, they said many high school students are not prepared for the demands of college because they did not develop good academic habits in high school. Accordingly, "...they did not develop the skills they need to succeed..." Furthermore, of those who make it to college, a large portion also have to take remediation classes in order to continue on in college. According to College Bound "...three-fifths of those in two-year colleges and one-fourth of those in four-year institutions require remediation." My definition of remediation classes are "those-classes-that -students-should-have-mastered-in-high-school-for-free, but-they-will-now-have-to-pay-big-bucks-to-take in-college." This is big business! Unfortunately, remediation classes do not count toward a bachelor's degree. This makes it a longer, more expensive effort and many kids eventually drop out. Secondly, College Bound said that too many high school students are not engaged in their own education.

cont. on p. 9

Writing your personal statement *continued from p. 8*

- ✍ Stay organized. Your essay should have a clear beginning, middle, and end.
- ✍ Come full circle in your conclusion. Try to make a connection, even if subtle, to your opening statement.
- ✍ After you have written it, ask your favorite English teacher as well as your counselor or college counselor to proofread your essay before submitting it to the admissions office.

For assistance and many more tips on writing essays including sample essays, plan to attend the college essay writing seminar, which will be presented by VHHS Counselor **Judy Stone** before school on Sept. 20.

Are you ready? *continued from p. 8*

When 170,000 high school students were questioned, they simply said they did not study enough to be prepared for the rigors of college.

A recent Journal of College Admission article took a closer look at locus of control to help explain why many high school grads are not successful at the college level. "Locus of control refers to a person's beliefs about control over life events." People who see their behavior as responsible for both positive and negative events have an internal locus of control. Those who see outcomes of life as determined by forces beyond their control (luck, fate, others) are considered to have an external locus of control. Basically, "internals assume responsibility for their actions and accept responsibility for their outcomes. Externals project blame on others or outside events."

The study concluded that as students "...progress further in their studies, courses become more difficult, and students need to rely more on themselves, making it difficult for externals, who perceive success as being dependent upon luck, fate and powerful others. This may lead externals to feel uncomfortable and frustrated—deciding they do not belong in the university environment." Externals are also less likely to seek out help and find support when they realize they are struggling, because they are still waiting for someone or something to come save them.

District 128 does an excellent job of preparing our students for the rigors of college and that the vast majority of our students are college-ready. At Libertyville High School, over 97% of the Class of 2006 graduated from high school and virtually all of our graduates went on to two- and four-year institutions. That is really something to celebrate! What I don't know is how many of our grads actually make it to college graduation. I realize that there are many financial, academic and personal reasons why students don't make it to their college graduation that are unavoidable. Below are a few thoughts for parents to help our students to be college-ready:

Advice to parents:

- 1) Guide your student to be an engaged learner through their senior year. Have them take solid college prep classes, thought provoking electives and continue to work on good academic habits prior to college. Challenge them academically and encourage them to take responsibility for their own learning. If they are struggling, encourage them to seek help so that they may be more successful.
- 2) Listen to your student's language. A red flag should go up if your student says "It's the teacher's fault. They don't like me." Teachers aren't perfect, but they are not out to get anyone either! This would be a sign of an external locus of control. Suggest to your student that there is another way to look at the problem.
- 3) Give your student appropriate choices and help them to see the possible outcome of those choices. This will allow them to strengthen their internal locus of control as they see that they are the main force in their life.
- 4) Resist the temptation to be that powerful other that your student depends on to be successful. We have all read articles about the growth of the "helicopter parent." The helicopter parent is an example of that powerful other who enables and fosters an external locus of control.

Welcome back to school! Make the 2006-2007 school year a year of which to be proud!

From the Principal's Desk . . .



by Brad Swanson, Libertyville High School

As I begin my "sophomore year" at Libertyville High School, I am encouraged about the wonderful possibilities that this upcoming school year will hold.

While I anxiously anticipate all of the great successes that will occur by our students and staff, it leads me to ask... What challenging conversations will emerge in each classroom as our faculty and students engage in meaningful teaching and learning? What student leadership will develop as the Class of 2007 establish their place at LHS? What athletic success stories will be written as students and coaches commit and prepare for victory? What musical and dramatic performances will capture the hearts and minds of the audience? What thoughtful charitable efforts will make a positive difference for others? What new spirit and pride will grow in the hearts of students, staff, and the Libertyville community? I enthusiastically embrace the fresh, new, and exciting opportunities that this school year will offer.

As we continue to nurture, value, and respect our LHS community, and the wide variety of people that contribute to it, I am excited about increasing our attention as a staff upon the topic of collaboration. This will be my focus for the 2006-07 school year. I believe effective collaboration is vital to the health of a successful community. Our LHS community will continue to grow in our ability to seek various perspectives, hold meaningful dialogue, and achieve successful results. The emphasis on collaboration will permeate through all aspects of LHS life and further our abilities to value, support, and utilize the most important resource LHS has to offer - our people.

I strongly believe that the formula for high school success requires active participation and strong communication from home, school, and student. It is this trio of efforts and responsibilities that make the high school experience best for all those involved. We all want to achieve the same vision of a healthy, happy, young adult equipped with the knowledge and skills for success. This goal can be realized when home, school, and student collaboratively work together. Each is accountable for their own role and responsibility while being supportive and understanding of the others. Libertyville High School values deeply this partnership and I encourage you to become involved in the life of your son/daughter's high school career. One avenue of collaboration for you may be a parent organization such as Parent CATS, the Fine Arts Support Team (F.A.S.T.), or our various Athletic Booster Clubs. Please contact the LHS Main Office at 847-327-7002 for more information about these organizations. I look forward to working with you throughout this school year.

I am also pleased to note that a group of LHS parents and community leaders has formed the Libertyville Wildcats Fine Arts Foundation. The Foundation's primary focus is to support LHS Fine Arts facilities and programs. Interested persons are invited to attend regular meetings held the first Wednesday of every month at LHS, room 1107 at 7:00 p.m. Contact Foundation President **Nancy Wedell** at nwedell516@yahoo.com, or Foundation Vice President **Terry Weppler** at tweppler@aol.com for additional information.

Enjoy these last few days of summer -

Go Cats!



Attention LHS Class of 2010!

Freshman Orientation
Thursday, Aug. 17
8:45 a.m. - 1:30 p.m.

Freshmen will be introduced to LHS and become familiar with their classroom locations. Bus transportation will be provided to and from orientation for students who would normally take the bus. Buses will be running on their "late start" school day schedule for morning pickup. Buses will depart from orientation at approximately 12:30 p.m.

More information will be mailed home in August.

Student activities update

by Diane Phillips, Assistant Principal



Freshman Orientation

Freshman Orientation will take place on Thursday, Aug. 17, 2006 from approximately 8:45 a.m. - 1:30 p.m. Freshmen will be introduced to LHS and become familiar with their classroom locations. Bus transportation will be provided to and from orientation for students who would normally take the bus. Buses will be running on their "late start" school day schedule for morning pickup. Buses will depart from orientation at approximately 1:40 p.m. More information will be mailed home in early August.

New Student Activities Director

Jennifer Paul will be the new Director of Student Activities. She can be reached at (847) 327-7258 or jennifer.paul@d128.org

Get Involved

There is a club or activity for everyone. Here is a list of the current student activities. Once school starts, watch the daily bulletin for times and locations of club meetings or call the sponsor directly. Jennifer Paul, Director of Student Activities, can also be reached at (847) 327-7258 or jennifer.paul@d128.org

LIBERTYVILLE HIGH SCHOOL STUDENT ACTIVITIES LIST 2006-2007 SCHOOL YEAR

Club / Activity	Advisor(s)	Voice Mailbox #
Academic / Scholastic Bowl	Ms. Robertson & Ms. Schnobel	(847) 327-7800 ext. 8207 / 8675
Academic Decathlon	Mr. Kahn	(847) 327-7800 ext. TBA
Art Club	Mr. Gossell & Mrs. J. Johnson	(847) 327-7800 ext. 8457 / 8454
Athletes Committed to Excellence (ACE)	Mr. Ferrell	(847) 327-7033
Belle Choir	Dr. J. Brown	(847) 327-7085
Best Buddies	Mrs. L. Ward	(847) 327-7800 ext. 8029
CATS-TV	Mr. D. Johnson	(847) 327-7060
Cleftomaniacs (formerly Men's Choir)	Dr. J. Brown	(847) 327-7085
Debate	Mr. C. Schmidt & Ms. Marske	(847) 327-7800 ext. 8121 / 8666
Dramatic Events	Mr. D. Patterson	(847) 327-7057
East Asia Cultural Organization	Mr. Helvie	(847) 327-7084
*Fellowship of Christian Athletes	Mr. Eggert	(847) 327-7800 ext. 8008
Film Society	Mr. C. Schmidt	(847) 327-7800 ext. 8121
Fishing and Outdoors Club	Mr. B. Reichert & Mr. Uliks	(847) 327-7800 ext. 8176 / 7011
Freshman Class Council	TBA	
Future Business Leaders of America	Mr. B. Reichert & Mr. Pitcher	(847) 327-7800 ext. 8176 / 8405
Gay/Straight Alliance	Mrs. Perlman	(847) 327-8134
Interact	Ms. Paul	(847) 327-7258
International Club	Ms. M. Gavin	(847) 327-7800 ext. 8608
Intramural Athletics/Club Sports	Mr. Albers	(847) 327-7063
Investment Club	Mr. Pitcher	(847) 327-7800 ext. 8405
Junior Class Council	TBA	
LEAF	Mr. Lapish	(847) 327-7800 ext. 8664
Library Book Club	TBA	(847) 327-7000
Master Singers	Dr. J. Brown	(847) 327-7085
Math Team	Mrs. Gongol, Mrs. Warfield, Mr. Brenner	(847) 327-7800 ext. 8414/8080/8412
Mock Trial	Mr. Duffy	(847) 327-7800 ext. TBA

Model United Nations	Mr. M. Thompson	(847) 327-7800 ext. 8701
National Honor Society	Mrs. Talley & Mrs. Held-Lyons	(847) 327-7028 327-7800 ext. 8665
Orchesis	Ms. E. Smith & Ms. Torrence	(847) 327-7800 ext. 8010 / 8571
Peer Mediation	Ms. S. Stevens & Mrs. S. Kelly	(847) 327-7800 ext. 8125 / 7150
Ping Pong	Mr. C. Guiard & Mr. Marino	(847) 327-7800 ext. 8133 / 7082
Production Services	Mr. Holly	(847) 327-7059
Robotics Team	Mrs. Rukes	(847) 327-7800 ext. 8012
Science Fiction Club	TBA	(847)327-7800
Science Olympiad	Mr. Bush & Ms. Nordstrom	(847)327-7800 ext. 8556 / 8572
Senior Class Council	TBA	
*Seven Days Club	Ms. Mantonya	(847) 327-7800 ext. 8093
Skills USA/VICA	Mr. Carlson	(847) 327-7800 ext. 8451
Slant of Light	Ms. Schnobel	(847) 327-7800 ext. 8675
Sno Catz	Mrs. Olszewski	(847) 327-7800 ext. 8422
Sophomore Class Council	TBA	
SPARK(formerly Snowball)	Ms. Dick	(847) 327-7030
Speech/Forensics	Mr. Bizosky & TBA	(847) 327-7800 ext. 8552
Sports Medicine Club	Mr. Russ	(847) 327-7081
Stage Players	Mr. Frawley	(847) 327-7800 ext. 8656
Strategy/Chess Club	TBA	(847) 327-7800
Student Council	Mr. Beach & Mrs. Rukes	(847) 327-7126/327-7800 ext. 8012
Think B.I.G.	TBA	(847) 327-7000
TOPCATS (Big Brothers/Big Sisters)	Mrs. Naylor	(847) 327-7800 ext. 8088
Treblemakers	Dr. J. Brown	(847) 327-7085
Wildcat Guard	Mr. Fischl	(847) 327-7072
WYSE	Mr. Dawson	(847) 327-7800 ext. 8558
First Class Leaders	Ms. Alice Leafblad	(847) 327-7800 ext. 8091

As of 6/15/06, Clubs/Activities/Sponsors are subject to change.

*Non-school sponsored club.

PARENT CATS wants you to get involved. It's a great way to get involved in LHS activities. Below is a list of 2006-07 meeting dates. Unless a special event is scheduled, all meetings are held at 7:00 p.m. in the LHS library.

Wednesday, Sept. 20, 2006
 Wednesday, Oct. 11, 2006
 Wednesday, Nov. 8, 2006
 Wednesday, Jan. 10, 2007
 Wednesday, Feb. 7, 2007
 Wednesday, March 7, 2007
 Wednesday, April 11, 2007
 Wednesday, May 16, 2007

School Calendar

Visit the District 128 website, www.d128.org, and click on Libertyville High School for a complete 2006-07 school calendar.

Homecoming 2006

Wednesday, Sept. 20	Sweet 16 Elections - Senior Voting
Friday, Sept. 22	Sweet 16 Assembly
Monday, Sept. 25	Spirit Week/Float Building (6 - 9 p.m. in Field House)
Tuesday, Sept. 26	Spirit Week / Float Building
Wednesday, Sept. 27	Spirit Week / Float Building / Powder Puff Football Game and Pep Rally / Homecoming Elections
Thursday, Sept. 28	Spirit Week / Float Building / Dance Ticket Sales During Lunch Periods / Homecoming Elections
Friday, Sept. 29	Spirit Week / Float Building (3:00 - 5:00 p.m.) / Dance Ticket Sales during lunch periods/Homecoming/ Fall Recognition Assembly Football games at 5:00 p.m. & approximately 7:30 p.m.
Saturday, Sept. 30	Parade Begins at Libertyville Train Station at 9:30 a.m. Dance in Gym from 8:00 - 11:00 p.m.

*News from the Hills***Principal's Report***by Dr. Ellen Cwick*

I personally want to welcome everyone to the 2006-07 school year! Go Cougars! Monday, Aug. 21 and Tuesday, Aug. 22, 2006 are full day institute programs for staff and Wednesday, Aug. 23 is our first day of attendance for students (half day schedule).

I want to encourage all students at VHHS to become immersed in student activities, fine arts and athletics as well as with their studies. As you can see in this issue, there is something available for everyone and we want you to enjoy your experience at VHHS. Simply put, we want all our students to bleed "Cougar Blue"! Ninth graders, don't forget to attend Freshman Orientation on Thursday, Aug. 17 at 8:00 a.m. (see specifics about this day on page 12).

The Cougars of VHHS extend a warm welcome to **Madeline Powell**, our new team leader. Madeline comes to us from Evanston Township High School where she has been a school counselor for the past four years. Secondly, we want to say best of luck to our school counselor, **Sue Butler**, as she keeps a smaller counselor caseload but also takes on the new responsibility as our new director of guidance. We all are looking forward to working with both of them.

I invite all parents to become involved with their teen's life at VHHS. We want you to be an integral part of life at VHHS and partner with us to make school a special place for all students.

The Vernon Hills High School parent group organizational structure was developed to ensure communication, support and continuity among the three parent organizations. Cougar Council is comprised of the presidents, vice presidents and treasurers of Cougar Parent Connection, Cougar Athletic Boosters and Cougar Arts Support Team along with the Principal of VHHS and Directors of Fine Arts and Athletics.

Our philosophy is that all students, parents, faculty, and the community benefit from active participation in the school community. Each of our parent organizations serves a specific purpose and group of school interest. Cougar Parent Connection (CPC) serves as Vernon Hills High School's main parent organization and support the activities and needs of the high school. Cougar Arts Support Team (CAST) provides assistance and support to an excellent fine arts department at VHHS. Cougar Athletic Boosters (CAB) promotes the interscholastic athletic program at VHHS and boosts participation and school spirit at athletic events and activities.

Cougar parent groups are continually evolving. Bring your ideas and a friend to a CPC, CAST, or CAB meeting. The following are the meeting dates:

CPC: Sept. 7, Oct. 5 Freshman parent orientation, Nov. 9, Jan. 18, April 4- all meetings at 7:00 p.m.

CAB: 2nd Wednesday each month at 7:00 p.m.

CAST: 1st Tuesday each month at 7:00 p.m.

Any questions can be addressed to the presidents of the organizations by contacting:

Cheryl Chrysler (CPC)- TChrysler@aol.com or (847) 680-5936

Bruce Mahrenholz (CAB)- (847) 816-9559

Lori Rothstein (CAST)- ljr83@aol.com or (847) 918-8116

Thanks to all our 12-month staff that helped us get ready for the start of school. Every year I am overwhelmed by the dedication, passion, and strong work ethic that our entire staff brings to VHHS each day. We are ready to go and are looking forward to a fun, productive and successful school year. VHHS students- I hope you have had a fun, safe summer and are ready to be challenged!

VHHS student activities update

by Deborah Beagle, Student Activities Director



Start the school year off by getting involved in Student Activities at Vernon Hills High School. The best time to get involved is the beginning of the school year. Participation in student activities enables you to develop leadership qualities, make new friends, pursue special interests and just have fun! Following is a representative list of the various activities presented to the student body, along with the advisor for the 2006-2007 school year.

Every student is encouraged to select one or more of the activities in which to actively participate. However, since the primary purpose of high school is to promote scholastic achievement, a student is advised to select activities wisely and to budget their time effectively. There are activities that provide for (1) an extension of interest provoked in the classroom, (2) an opportunity to develop special interests and abilities and (3) social and service activities in the school and community.

Please direct any questions to Deborah Beagle, Student Activities Director 847-932-2195.

Club	Advisor(s)
Academic Bowl	Mr. Paul Kemp & Ms. Megan Geltner
Anime	Ms. Monica Tolva
Art Club	Mr. Jim Savage & Ms. Stephanie Dahlstrom
Athletes Committed to Excellence (ACE)	Mr. Paul Brettner
Backlight Theater Company	Mr. Kevin Phelan & Ms. Stephanie Freichels
Best Buddies	Ms. Jennifer Ratajczyk
CAT-TV	Mr. James MacAyeal
DECA	Ms. Sheryl Olson
FCA (Fellowship of Christian Athletes)	Student-led organization
First Class	Mr. Tom Chinske
Freshman Class Council	Ms. Rebecca Bellito & Ms. Carrie Jarvis
Future Business Leaders of America	TBD
GSA (Gay Straight Alliance)	Mr. Craig Bomgaars & Ms. Carrie Jarvis
INTERACT	Ms. Kate Wicklander
International Club	TBD
Intramurals	Mr. Chris Curry
Junior Class Council	Ms. Megan Geltner
Junior National Association of the Deaf	Ms. MaryBeth Rosell
Math Team	Ms. Cheryl Ballenger
Model United Nations	Mr. Jim Seward
National Honor Society	Ms. Wendy Meister-Louria
Orchesis	TBD
Outdoor Adventure Club	Mr. Jerry Miceli
Robotics	Mr. Jay Walgren
School Newspaper	Ms. Melissa Malmed
Senior Class Council	TBD
Sophomore Class Council	Ms. Kelly Whitescarver
S.P.A.R.K. (Supporting Peers and Reaching Kids)	Ms. Margaret Pither
Special Olympics	Mr. Andy Compton
Speech Team	Mr. Sean Conroy
Spotlight (Fashion Club)	Ms. Lesa Clark-Morgan & Ms. Connie Perez
Strategy Club	Mr. Sean Conroy
Student Council	Ms. Leslie Nardini & Ms. Peggy Cope
VH20 (Environmental Club)	Mr. Kedric Greenawalt, Ms. Lynne Shenk & Ms. Pat Nora
VICA - SKILLS USA	Mr. Kip Baxter
V.I.P. (Voices in Prevention)	Ms. Margaret Pither
Whispers of Immortality (Student Literary Magazine)	Ms. Eileen Orzoff & Mr. Sean Conroy
Worldwide Youth in Science and Engineering (WYSE)	Mr. Josh Ravenscraft
Yearbook	Ms. Patricia Nora

cont. on p. 15



Attention VHHS Class of 2010:

Mark your calendars for Freshman Orientation

Thurs., Aug. 17, 2006

**8:00 a.m. to 10:00 a.m.
(Buses will be provided)**



Presentation Entertainment Tours

**More information regarding Freshman Orientation
will follow in the August mailing.**

**Questions? Call Marla Pierce at
847-932-2002**

Student Activities *cont. from p. 11*

Congratulations to the 2006-2007 student council class officers and representatives. Students are encouraged to contact their class representatives to get involved, offer suggestions, help organize the class charity event and/or be a part of planning the next dance. Walk-ons are welcome.

Freshman Class Council: (elections will be held in August)

Sophomore Class Council

President: **Sarah Milligan**
Vice-President: **Kayla Kiram**
Secretary: **Tierney Darden**
Treasurer: **Stephanie Borgman**
Representatives: **Natalie Didier, Megan Kubacki, Sonal Singh, Gordy Skeoch, Billy Tabrizi, Deborah Yim**

Junior Class Council

President: **Vanessa Ceballos**
Vice-President: **Anastasia Guletsky**
Secretary: **Sylvia Kim**
Treasurer: **Steven Choi**
Representatives: **Ariel Block, Kathleen Grimes, Regina Kim, Michelle Krueger, Colleen McDonnell, Samantha Wagner**

Senior Class Council

President: **Melissa Silverberg**
Vice-President: **Melissa Azul**
Secretary: **Melanie Pine**
Treasurer: **Eric Contos**
Representatives: **Carla Brioni, Taebee Chang, Andrea Liu, Sophia Lou, Anne Unterfenger**

Student Council Executive Board

President: **Apostolos Kalantzis**
Vice-President: **Jenna Veren**
Corresponding Sec: **Stephanie Grebe**
Recording Sec: **Kelsey Kind**
Treasurer: **Cliff Nelson**

Athletic Director's Corner

by Tim Albers, LHS Athletic Director



The summer months are racing by us and before you know it we will be starting the 2006 - 2007 school year. I would like to provide you with information, dates and important events that will happen in our Libertyville High School athletic programs this fall.

Fall/Winter/Spring Athletes - What will students need prior to try outs?

Eligibility - Students must be eligible (IHSA by-law) which means that sophomores, juniors or seniors must have passed four subjects (20 semester credit hours) the previous semester to be eligible to compete this fall. Incoming freshman athletes are not included in this by-law until they become a student at the high school.

Before students will be allowed to try outs this year, they must have all forms listed below completed and turned into the athletic office before the first practice date. Students will not be allowed to participate until all three items below have been completed.

- 1. Permit Card (orange card)** - Students will need to have an athletic permit card (orange card) completed and returned to the athletic office. The card must be complete with all signatures including a **signature and stamp from your physician** indicating that the student/athlete has been given a physical and the doctor approves his/her participation in our athletic programs or attach a copy of the completed physical form from the student's doctor.
- 2. Emergency Information Sheet (green sheet)** - Students will also need to have the emergency green information sheet signed and returned to the athletic office. Any changes in phone numbers or address should be noted on this sheet. This sheet is specific to your son or daughter.
- 3. Athletic code of conduct (blue sheet)** - All athletes will need to complete the blue code of conduct form with all necessary signatures. Athletes competing in multiple sports will only have to fill out the code of conduct one time for the year.

Athletic User Fee

Effective with the 2005-06 school year, each student will be charged \$40 per sport that he or she participates in this year. Unlike previous years, this fee will not need to be paid up front. Parents will receive an invoice in the mail around the time of the first contest date. Once the fee is paid and the first athletic contest of the season has been played, refunds will no longer be allowed.

Fall Sports - What is offered, when and where do they start?

Sport	Level	Date	Time	Place	Coach
Boys' Cross Country	All	8/14	3:10 p.m.	Track	Buesing
Girls' Cross Country	All	8/14	8:00 a.m.	Track	Carlson
Football	V/S	8/8	10:00 a.m. (Collect All Forms)	Studio Theater	Kuceyeski
	V/Soph	8/9	7:30 a.m. (Practice Begins)	Field House	Kuceyeski
	Frosh	8/7	1:00 p.m.	Studio Theater	Eggert
** Frosh players only (not parents) will have an organizational meeting at 1:00 p.m. in the LHS Studio Theater. Players who have not turned in their permit card and green emergency information sheet or paid their athletic fee will not receive equipment until this is taken care of.					
	Frosh	8/9	8:00 a.m. (Practice Begins)	LHS	Eggert
Boys' Golf	All	8/7	8:00 a.m.	Cafeteria	Matthews
		** Meeting Only. Tryout information will be distributed at this meeting.			
	All	8/9	7:00 a.m.	Village Green	

Girls' Golf	All	8/11	9:00 a.m.	Cafeteria	Seward
** Meeting only. Tryout information will be distributed at this meeting					
		8/14	3:00 p.m.	Village Green	Seward
(Practice Begins)					
Boys' Soccer	All	8/14	9:00 a.m.	Old School Forest Preserve	Schinto
Girls' Swim Diving	All	8/14	8:00 a.m. 3:00 p.m.	Pool Pool	Casteleyn ** Bring suits - ready to swim
Girls' Tennis	All	8/14	9:00 a.m.	Tennis Cts.	Kiernan
Girls' Volleyball	Jr/Sr	8/14	8-9:30 a.m.	LHS Gym	Trzyna
	Soph	8/14	8-10:00 a.m.	LHS Gym	Trzyna
	Frosh	8/14	10-12:00 p.m.	LHS Gym	Trzyna
	Jr/Sr	8/14	12-1:30 p.m.	LHS Gym	Trzyna

Important information and dates to remember:

Wednesday, Aug. 23 -- Freshman Athletic Orientation

All freshman athletes and parents must attend a mandatory meeting on Wednesday, Aug. 23 at 7:00 p.m. in the LHS auditorium. This meeting will provide the athlete and parent with pertinent information about our athletic programs, procedures and policies and will ensure a smooth athletic transition from the junior high school to the high school. If you plan on going out for a sport you **MUST** attend this meeting.

Athletic team and individual fall picture day

Visual Image Photography will be at LHS on the dates given below to take team and individual pictures for our year-book and also for parents to purchase. Picture day forms will be handed out to our athletes one week prior to their picture date giving information on purchase and prices. The forms handed out will be pre-paid envelopes on which you may designate the picture package you wish to purchase. Coaches will provide the players with schedule times for the designated days.

Football	Saturday, Aug. 12	Stadium Football Field
Cheerleaders	Saturday, Aug. 12	Stadium Football Field
Poms	Saturday, Aug. 12	Stadium Football Field
Boys' Golf	Saturday, Aug. 19	Stadium Football Field
Girls' Golf	Saturday, Aug. 19	Stadium Football Field
Girls' Volleyball	Saturday, Aug. 19	LHS Gym
Boys' Cross Country	Saturday, Aug. 19	Track
Girls' Cross Country	Saturday, Aug. 19	Track
Boys' Soccer	Saturday, Aug. 19	Stadium Football Field
Girls' Swim	Saturday, Aug. 19	Pool
Girls' Tennis	Saturday, Aug. 19	Tennis Courts

Homecoming - Friday night game

Friday, Sept. 29 will be Libertyville High School's Homecoming Football game vs. Zion-Benton High School. The sophomore game will begin at 5:00 p.m. and the varsity game will begin at 7:30 p.m..

Note: this is a Friday evening game.

The parade will still be held on Saturday, Sept. 30 as always through downtown Libertyville followed by the varsity soccer game vs. Buffalo Grove High School beginning at 11:00 a.m. in the stadium.

Homecoming Pep Rally - Wednesday, Sept. 27

On Wednesday, Sept. 27 we will hold a pep rally. The pep rally will immediately follow the powder puff football game and will be held in the LHS Stadium. At the pep rally we will parade into the stadium all of our fall athletic teams and also will introduce the homecoming court. The poms and cheers will be introduced and the band will perform. The pep rally will also include a few motivational talks and will conclude with fireworks.

cont. on p. 19

From the Hills . . .

by Alan Janulis, VHHS Athletic Director



As we look forward to coming back to school in August, many students will again be participating in the Cougar athletic program. We anticipate another outstanding fall season with opportunities for our students to participate in eleven fall sport programs. Following is a chart you will find helpful as you plan and prepare your back-to-school schedule. Get out your calendar, planner, or PDA and note these important dates, times, and locations of the start-up fall athletic activity dates/times/locations:

Fall athletic dates to remember

Sport	Level	Coach	Date	Time	Place	Notes/Inclement Weather
Cheerleading	All	Shaunna Rivera	Monday, Aug. 14	3:45 p.m.	Gymnastics Gym	N/A
Boys' Cross Country	All	Jeff Zematis	Monday, Aug. 14	3:00 p.m.	VHHS Track	Northeast Gate/Foyer
Girls' Cross Country	All	S. Richert	Mon., Aug. 14	3:00 p.m.	VHHS Track	Northeast Gate/Foyer
Football	All	Tony Monken-Var.	Wed. Aug. 9	8:00 a.m.	Field house	
		Jason Czamecki-So.	Wed. Aug. 9	8:00 a.m.	Field house	
		Kip Baxter-Fr.	Wed. Aug. 9	8:00 a.m.	Field house	
Boys' Golf	All	Shawn Healey	Tues., Aug. 8	9:00 a.m.	Room 0211	Preseason Meeting (Var. & F/S) Questions call Coach Healey @ 847-644-7544
	Varsity	Shawn Healey	Wed., Aug. 9	7:00 a.m.	White Deer Run	Golf Course
	Frosh/Soph	Vic Capron	Wed., Aug. 9	9:00 a.m.	White Deer Run	Driving Range
Girls' Golf	All	Ron Long	Wed., Aug. 9	10:00 a.m.	White Deer Run	Driving Range/Clubhouse
Pom Pons	All	Brittany Henley	Mon., Aug. 14	3:30 p.m.	Fieldhouse	N/A
Boys' Soccer	All	Shannon Etnyre	Mon., Aug. 14	3:00 p.m.	American Hotel Register Field	Room 0222
Girls' Swim/Dive	All	Jim Pardun	Mon., Aug. 14	10:30 a.m.	VHHS Pool Hallway	Bring suit, goggles, towel and water bottle. Come prepared to swim
Girls' Tennis	All	Doug Gerber	Mon., Aug. 14	10:00 a.m.-2:00 p.m.	VHHS West Entrance Foyer	Going to Deerpath Park Tennis Courts (or new courts if completed) In case of rain, 10:00-noon.
Girls' Volleyball	All	Sean Connelly	Mon., Aug. 14	8-10:30 a.m. 1-3:00 p.m.	Gym/Fieldhouse	Wear proper volleyball attire including knee pads

I strongly encourage all students, especially our incoming freshmen, to become involved in the extracurricular program at VHHS. A recent survey of Fortune 500 company executives revealed that the most common factor in future success among the executives was their involvement in high school extracurricular activities. In addition to the athletic program, we also have opportunities in student activities, fine arts, and government.

The team photographs for football players, cheerleaders, and girls' golf will be taken on Saturday morning, Aug. 12. All other sports will have their team photos taken on Friday, Aug. 18. Most of our athletic teams accommodate all interested students, however, programs such as volleyball, boys' and girls' golf must limit the number of participants. Cheerleading and pom pon squads have

cont. on p. 19

LHS AD Corner *cont. from p. 17*

We are really excited about organizing this pep rally in hopes of generating some excitement and school and community spirit. The pep rally will be free of charge.

Athletic invites or tournaments that LHS will host this fall:

Sophomore Girls' Volleyball Tournament	Saturday, Sept. 9	8:30 a.m.	LHS
JV Girls' Tennis Tournament	Saturday, Sept. 16	8:30 a.m.	Tennis Courts
Boys'/Girls' Cross Country Invite	Saturday, Sept. 16	9:30 a.m.	Adler Park
Girls' Volleyball Cross Town Classic	Friday, Oct. 20	5:00 p.m.	LHS
	Saturday, Oct. 21	12:30 p.m.	LHS
NSC Girls' Varsity Swimming Championships	Saturday, Nov. 4	9:00 a.m./ 1:00 p.m.	Vernon Hills Pool

LHS/IHSA Spring Athletic Team Academic Achievement Awards

The Illinois High School Athletic Association recognizes those varsity athletic teams throughout the state that maintain a grade point average of 3.0 or higher throughout their respective seasons. The grade point average for all varsity teams must be computed on a 4.0 unweighted system and the grade point average must include EVERY member of the varsity team that enters the first level of state qualifying competition.

2005-2006 Libertyville High School athletes were outstanding not only on the athletic playing fields, but they also did very well academically. We have a total of 18 IHSA athletic varsity teams that were honored with the IHSA Team Academic Achievement Award. We want to sincerely congratulate our players and teams for their excellence in the classroom as well as on the field.

Girls' Cross Country	Boys' Golf
Boys' Soccer	Girls' Water Polo
Girls' Swimming & Diving	Boys' Volleyball
Girls' Tennis	Girls' Volleyball
Baseball	Girls' Soccer
Girls' Softball	Boys' Tennis
Girls' Track & Field	

2006-07 New Coaches

Brian Johnson	Volunteer Football Coach
Tom Bauman	Volunteer Football Coach
Greg Pritchard	Volunteer Football Coach
Brady Sullivan	Head Boys' Lacrosse Coach & Volunteer Football Coach
Martha Kelly	Asst. Girls' Cross Country & Girls' Basketball Coach
Sean Matthews	Head Boys' Golf Coach
Pete Dawson	Asst. Boys' Golf Coach
Billy Pitcher	Asst. Girls' Golf Coach
Rachel Gunderson	Volunteer Girls' Volleyball Coach
Brenda Romito	Poms Coach
Sara Rogers	Asst. Cheer Coach
Kathie Swanson	Head Girls' Basketball Coach
Greg Loika	Asst. Boys' Volleyball Coach
James Mikolajczyk	Asst. Boys' Volleyball Coach

We hope that you will become a part of our athletic family and take part in the wonderful tradition that has been established in our community and this high school. You will have four very short years which will provide you with a lifetime worth of memories. We look forward to seeing all of you soon.

From the Hills *continued from page 18*

already been selected. Those students that tryout and are not selected for squads which have limits on numbers of participants are encouraged to join another of the many programs available. There is also special recognition for those who choose to participate in sports each of the three sport seasons. As a reminder, all athletic participants must have on file in the Athletic Office a completed Permit Card for the fall season, signed code of conduct (revised May 2006), and evidence of a satisfactory physical examination within the past 12 months. You will be billed for the participation fee of \$40. Parents of freshmen should mark Wednesday, Aug. 30 in their calendar as the evening of our Freshman Athletic Orientation. The program is for students, as well as parents, and will begin in the main gymnasium at 7:00 pm. It will last no longer than one hour. Please plan to attend.

On the coaching scene, the Cougars will see some new and some not-so-new faces. First, we welcome back **Shannon Mackey-Etnyre** as our head boys' soccer coach after a year stint at the new Lakes Community High School in Lake Villa. Assisting her will be **Garrett Slemmons**, a former player for Warren High School and for the University of Iowa as well as playing for the University of Illinois Soccer Clubs. **Shaunna Rivera** has assumed the leadership role of our Head Cheerleading Coach. She will be assisted by **Nicole Neuhengen** (Science) and **Lauren Ishikawa** (International Language). **Abbie Willenborg** joins the girls' basketball staff as the varsity assistant coach, and **Matt Monroe** joins the boys' basketball staff.

We extend our Cougar congratulations to senior, **Scott Golden**, who was recently selected to the *Chicago Tribune* 2006 Boys' Volleyball All-State Team, Special Mention.

Stay connected with **128eNews**

Community High School District 128 is pleased to announce a new communications tool for members of our community. This fall, the District will launch **128 eNews**, a news subscription service that will provide subscribers with important news updates regarding the District via email. The service is open to parents, community members, graduates -- anyone interested in receiving news updates regarding District 128.

Look for complete details at the high school open houses in September and on the District web site, www.d128.org.

On the cover:

From athletics and clubs, to fine arts and service opportunities, there is an activity for every student at Libertyville and Vernon Hills High Schools. (clockwise from upper left) LHS students load bottled water collected to help victims of the 2005 hurricanes; VHHS Outdoor Adventure Club members enjoy one of their many trips; The 2005 fine arts calendar of events included the LHS production of the musical *Pippin*; VHHS and LHS students join forces for the combined District 128 hockey team, Ice Cats Hockey. (*photos courtesy of the VHHS Adventure Club, Ice Cats Hockey and the LHS Fine Arts Department*)

District 128 Speakers Bureau

The District 128 Speakers Bureau was developed as an additional means of communicating with members of the community. District 128 administrators are available to speak to local groups and organizations on a variety of topics about Libertyville and Vernon Hills High Schools, including:

Athletics
Community Education Opportunities
Community/School Partnerships
District 128 Overview
Fine Arts
LHS Overview
Making the Transition from Jr. High to High School
Federal "No Child Left Behind" legislation
School Finance
Standards
Student Activities
Technology
VHHS Overview
And more . . .

Please contact **Mary Todoric**, director of communications, at 847-327-7186 or mary.todoric@d128.org for more information on this program or to schedule a speaker.



Community High School District 128
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Libertyville, Illinois 60048

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