



Paw Prints



*News and Information from
Community High School District 128*

August 2005

Back-to-School Edition

Academic Bowl Academic Decathlon Amnesty International Art Club Athletes Committed to Excellence (ACE) Athletic Clubs Backlight Theater Company Bell Choir Best Buddies CATS-TV Cleftomaniacs Computer Club Cougar Guard Debate Team Destination Imagination Distributive Education Clubs of America (DECA) Dramatic Events Electronics Club Fellowship of Christian Athletes Fishing Club French Club Future Business Leaders of America International Clubs International Language Club Intramurals Interact Jazz Ensembles I & II Junior National Association of the Deaf Lacrosse Team Libertyville Environmental Action Force (LEAF) Math Team Master Singers Model United Nations National Honor Society Orchestras Ping Pong Radio Club Robotics Team School Newspaper Science Fiction Club Science Olympiad Seven-Day Club Sign Language Club Skills USA/VICA Slant of Light Spotlight Speech Team Sports Medicine Club Stageplayers Step Dance Club Strategy Club Strolling Strings Student Council Supporting Peers and Reaching Kids (SPARK) Topcats Treblemakers Whispers of Immortality Wildcat Guard Worldwide Youth in Science and Engineering (WYSE) Yearbook Cheerleading Pom Pons Girls' Swimming/Diving Girls' Volleyball Girls' Tennis Boys' Golf Girls' Golf Boys' Soccer Boys' Cross Country Girls' Cross Country Football Girls' Basketball Bowling Wrestling Boys' Basketball Boys' Swimming/Diving Girls' Gymnastics Boys' Gymnastics Girls' Track Boys' Track Boys' Tennis Baseball Softball Girls' Soccer Girls' Water Polo Boys' Water Polo Boys' Volleyball Academic Bowl Academic Decathlon Amnesty International Art Club Athletes Committed to Excellence (ACE) Athletic Clubs Backlight Theater Company Bell Choir Best Buddies CATS-TV Cleftomaniacs Computer Club Cougar Guard Debate Team Destination Imagination Distributive Education Clubs of America (DECA) Dramatic Events Electronics Club Fellowship of Christian Athletes Fishing Club French Club Future Business Leaders of America International Clubs International Language Club Intramurals Interact Jazz Ensembles I & II Junior National Association of the Deaf Lacrosse Team Libertyville Environmental Action Force (LEAF) Math Team Master Singers Model United Nations National Honor Society Orchestras Ping Pong Radio Club Robotics Team School Newspaper Science Fiction Club Science Olympiad Seven-Day Club Sign Language Club Skills USA/VICA Slant of Light Spotlight Speech Team Sports Medicine Club Stageplayers Step Dance Club Strategy Club Strolling Strings Student Council Supporting Peers and Reaching Kids (SPARK) Topcats Treblemakers Whispers of Immortality Wildcat Guard Worldwide Youth in Science and Engineering (WYSE) Yearbook Cheerleading Pom Pons Girls' Swimming/Diving Girls' Volleyball Girls' Tennis Boys' Golf Girls' Golf Boys' Soccer Boys' Cross Country Girls' Cross Country Football Girls' Basketball Bowling Wrestling Boys' Basketball Boys' Swimming/Diving Girls' Gymnastics Boys' Gymnastics Girls' Track Boys' Track Boys' Tennis Baseball Softball Girls' Soccer Girls' Water Polo Boys' Water Polo Boys' Volleyball Academic Bowl Academic Decathlon Amnesty International Art Club Athletes Committed to Excellence (ACE) Athletic Clubs Backlight Theater Company Bell Choir Best Buddies CATS-TV Cleftomaniacs Computer Club Cougar Guard Debate Team Destination Imagination Distributive Education Clubs of America (DECA) Dramatic Events Electronics Club Fellowship of Christian Athletes Fishing Club French Club Future Business Leaders of America International Clubs

How will YOU get involved this school year?

**Welcome
back to
District 128!**

**Administrative Offices**

940 W. Park Ave.
Libertyville, Illinois 60048
847-367-3159

Libertyville High School

708 W. Park Ave.
Libertyville, Illinois 60048
847-327-7000

Vernon Hills High School

145 N. Lakeview Parkway
Vernon Hills, Illinois 60061
847-932-2000

<http://www.district128.org>

Board of Education

Anne Landgraf, President
Judy Sugarman, Vice President
George Sachs, Secretary
Jan Foreman
Pat Groody
Ellen Mauer
Dennis Ryan

Student Representatives

Tom Engstrom (Libertyville High School)
Jeff Boucher (Vernon Hills High School)

Administration**District**

Dr. David L. Clough, Superintendent
Prentiss Lea, Associate Superintendent
Yasmine Dada, CPA, Assistant Superintendent
for Business
Deborah Larson, Director of Curriculum and
Instruction
Mary Todoric, Director of Communications

Libertyville High School

Brad Swanson, Principal
Eric Maroscher, Assistant Principal
Diane Phillips, Assistant Principal
Ron Bjurstrom, Director of Student Support Services

Vernon Hills High School

Dr. Ellen Cwick, Principal
Jon Guillaume, Assistant Principal
Jean Aucutt, Interim Assistant Principal

Community Education Program

Dr. Lester "Buzz" Perry, Director of
Community Education and Grants

Paw Prints is published five times a year for District 128 families. Questions and comments should be addressed to *Paw Prints* Editor Mary Todoric, Director of Communications, at 847-327-7186 or mary.todoric@d128.org.

*Superintendent's Message***Welcome to the 2005-06 school year!**

With the first day of school just a few weeks away, it is my pleasure to welcome our District 128 families for the 2005-06 school year. The goal of our back-to-school edition of *Paw Prints* is to give our students and families an opportunity to plan for the events that take place at the very beginning of the school year, to alert families to any important changes for this year, and to give students--especially those new to the District--an overview of the many clubs, sports and other activities that are available to students at Libertyville and Vernon Hills High Schools.

We would like to welcome our new and returning students, as well as approximately 20 new staff members. We also have many new faces on our leadership team: **Prentiss Lea**, Associate Superintendent; **Brad Swanson**, LHS Principal; **Deb Larson** (a familiar face in a new role), Director of Curriculum and Instruction; **Jean Aucutt**, VHHS Interim Assistant Principal; and **Judy Smithhisler**, VHHS Math Department Supervisor.

We begin this year with a new construction project. Work on a new gymnasium at LHS began in July. The new gym will replace the gym no longer available for use at the Brainerd Building. LHS parents will receive a separate mailing from the school helping you to navigate the changes in traffic patterns at the school for this year, necessitated by the construction. The gym is scheduled for completion in time for the start of school in fall 2006. We also hope to have the VHHS maintenance building under construction in 2005-06. This project has been delayed several times due to site considerations.

I hope this school year will find all of our students immersed in student activities as well as their studies. Research has shown an important link between student academic achievement and participation in school activities. I challenge all students in District 128 to use the next few weeks to reflect on your interests, review the opportunities available to you at school, and to join at least one student organization in 2005-06. You'll be glad that you did.

I look forward to meeting our new students and parents, and wish all of you a successful 2005-06 school year.

Enjoy the remaining weeks of summer!

David L. Clough, Ph.D.
Superintendent

Schools required to provide student information to military recruiters

The Federal No Child Left Behind Legislation requires school districts to provide student directory information to military recruiters. Parents may elect to not have their student's information shared by notifying the school. An opt out form will be included in the August mailings sent out by Libertyville and Vernon Hills High Schools. Parents should return the completed form only if they choose to opt out.

District 128 high schools will not provide student directory information to military recruiters until mid-September, giving parents sufficient time to read and respond to the opt out form if they so choose. Parents with questions should contact the staff at LHS or VHHS.

From Your Community Education Team

by Buzz Perry, Director of Community Education



...new class offerings, updated dedicated web page, easier online registration, more online classes, new travel destinations . . . are just some of the exciting changes in our Community Education Program for the fall 2005 term. These changes will offer better services to you while presenting you more class options and choices.

Please visit our web site at www.comed128.org to see detailed information about our program. This site is dedicated to our Community Education Program and offers many features to help you quickly find what you are looking for. You can search our course offerings by title, instructor name, or date range to quickly find the courses that meet your needs. Once you find a course you are interested in taking, you can see if the class is full, if online registration is still available, as well as view other courses you have already registered for. There are pages for questions and answers, policies and procedures, maps, help wanted, messages, and much more. You may also print out a registration form to fax or mail to us if that is your desired method of registration. Our site offers

many options for you.

The newest addition to our site is a suggestion box for you to give us feedback and share ideas to improve our program. If we incorporate your suggestion into our program, we will issue you a \$50 voucher for any class we offer.

Online registration is the easiest method to register and pay for a class. If you take advantage of our online registration option (www.comed128.org), you will immediately receive an email confirming the class you have enrolled in with the dates, location, and room number, along with some other information. There is no waiting to see if you got into the class. Online registration enables you to register quickly and ensures your place in the classes of your choice. Many of our popular classes fill up very quickly, so early enrollment is advisable to secure a seat in the class of your choice. Remember, online registration is quick, easy and immediate. It is the preferred method of registration by many of our community members. Other methods of registration include faxing (847) 932-2053 or mailing your registration form as well as registering in person at our office at Vernon Hills High School.

We are offering approximately 180 classes at both our high schools as well as at various locations within our community. Our program for the fall term includes many new courses covering a variety of topics. Some of these new courses have been created at your request while others represent "hot" topics that are current and timely. We try to offer a large variety of new courses each term to keep our program fresh and meet your needs.

In addition to our onsite classes, we offer a number of online classes through our program. We currently have approximately 375 classes that can be taken entirely online. Online classes have been well received since we introduced them into our program in the fall of 2003, so we have expanded our selection to meet your needs as best as we can. These classes can be taken from home or from any location with a computer and access to the Internet, and can be done at any time that conveniently fits your schedule and lifestyle. Our online classes offer you quality learning opportunities on demand at a very affordable price.

Are you stressed out and feel the need to get away and relax? We offer travel opportunities through our Community Education Program. Through our partnership with District 214's Community Education Travel Office, we are offering 34 exciting trips that cover the globe. These trips are educational in nature, but are relaxing and of the highest caliber in quality. Whether you want to take a cruise, a train trip in the United States, or something more exotic like an Antarctica adventure, check out our trips and see what we have to offer. We are sponsoring a Traveler Showcase on Oct. 18 at VHHS to give you an overview of all our trips. This is a wonderful opportunity to sit back and learn about all the exciting places you can travel through our program. The Showcase is free including refreshments and door prizes but we ask you to register so we know how many people are planning to attend. You can register online or by calling our office at (847) 932-2176.

Registration is just beginning for our fall 2005 Community Education term. Our catalog, showcasing all of our classes and learning opportunities for this term, should be arriving at your home about the time you receive this mailing. Additional catalogs can be requested on our web site at www.comed128.org or by calling our office at (847) 932-2171.

We have sent out our Community Education catalog to all District 128 residents giving a full overview of the courses offered in the fall term and pointing you to our web site for easy online registration. For those of you who would like several additional catalogs for friends, colleagues, or family members, you may pick them up at any of the following locations:

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Excellence is our standard

by Prentiss Lea, Associate Superintendent



Greetings!

As the new District 128 associate superintendent, my responsibilities include all facets of personnel, curriculum, instruction, and school improvement. I am excited and honored to join a district with such a tradition of excellence in academics, athletics and activities. Our two high schools, Libertyville and Vernon Hills, are among the best high schools in the nation in preparing our students for success in the 21st century. I look forward to working with the Board, District and building administration, faculty, parents, communities, and of course, our students, to build on the excellence at District 128. As I begin my new position, I would like to thank Superintendent **Dave Clough** and former Associate Superintendent **Catherine Finger** for their invaluable assistance in helping me transition to my new position. And, I wish Dr. Finger the best as she begins her new journey as the Superintendent at Grayslake.

I bring a broad base and a variety of educational experiences to District 128. I have served as a principal for 12 years at Glenbard North, Rich East and Crete-Monee High Schools. I have also served as an assistant principal, dean, director of student activities, department chair, business education teacher, head wrestling and assistant football coach, and student council advisor. In addition, I have consulted and lectured in leadership, school improvement planning and school climate. However, the most important thing that I have done in every position in which I have worked has been to work with and for students, so that they had the best opportunities to succeed. My background, experiences and passion for students, are consistent with the student focused mission of District 128. And, I am excited to have the opportunity to work with you as we build on the strong legacy of school, parent and community partnership here, which will continue to lead to higher student achievement.

I look forward to meeting you in the future!

Technology tips for working efficiently between home and school

by Mick Torres, Educational Technology Director



Access to the Community High School District 128 computer network is a great privilege afforded every student. The District 128 Information Technology (IT) Staff offers these suggestions for ensuring that documents and projects are seamlessly transferred between home and school.

Use Microsoft Office

District 128 has installed Microsoft Office 2003 on every computer available to students. This suite of applications includes Microsoft Word, PowerPoint, Excel, and Publisher and is backward compatible with documents from older versions of Office such as Office 97 or Office 2000. If you have something other than Microsoft Office for creating documents on your home computer (i.e. WordPerfect, Microsoft Works, Clarisworks, etc.) then your student should save their work as an MS Word for Windows 2003 file or a RTF file (Rich Text Format.) Students should avoid unique fonts, formatting or animations when creating their projects that frequently don't transfer exactly the way you want them to appear.

Safely Transferring Files Between Home and School

The 1.44 MB floppy disk is still a reliable and inexpensive media for transferring files between home and school. The most important suggestion for using them is to **never save your work to the floppy disk**. The disk should serve but one purpose and that is to transport the file. The most common disaster to befall students is when the only location they've saved their work is on the floppy disk and the disk has become unreadable for some reason. If your student creates a project at home, make sure they save the file to the local drive on your home computer first. After the file and application have been properly closed, then "copy" the file to the floppy disk. Test the file copy on the disk to make sure it opens and closes properly. The student now has two duplicate copies of the file, one on the local hard drive and one on the disk. Now it's ready for transport. As soon as the student arrives at school, properly logs in and can insert the disk in a school computer, they should copy the file from the disk to their personal document folder on our network servers. Now there are three copies of the file: at home, on the disk, and on our network server that is backed up every night. The student then ejects the disk and opens the copy of the file from the server location. Now it's ready to edit or print.

Working With Large Files

There may be times when a student creates a document whose file size exceeds the capacity of a floppy disk. If your home computer is equipped with a CD-R or CD-RW drive, then transferring the document or project using this type of media is possible.

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Community High School District 128 Board of Education Members 2005-06



Anne Landgraf
President



Judy Sugarman
Vice President



George Sachs
Secretary



Jan Foreman



Pat Groody



Ellen Mauer



Dennis Ryan

Jeff Boucher,
VHHS Student
Board
Representative

Tom Engstrom,
LHS Student
Board
Representative

Community High School District 128 Board of Education 2005-06 Meeting Schedule

The Community High School District 128 Board of Education encourages parents and community members to attend its meetings. The following is a schedule of this school year's meeting dates. Additional information about the meetings, including agendas and minutes, can be found on the District 128 web site, www.d128.org.

Regular Board Meeting Dates

**7:00 p.m. at the Vernon Hills High School Library
145 N. Lakeview Parkway, Vernon Hills**

Monday, July 25, 2005
Tuesday, Aug. 23, 2005
Monday, Sept. 26, 2005
Monday, Oct. 24, 2005
Monday, Nov. 14, 2005
Monday, Dec. 12, 2005
Monday, Jan. 23, 2006
Monday, Feb. 27, 2006
Tuesday, March 21, 2006
Monday, April 24, 2006
Monday, May 22, 2006
Monday, June 26, 2006

Board meetings televised on cable, videotapes available at library

Regular meetings of the Community High School District 128 Board of Education are televised on cable on the following days and times:

Libertyville
Channel 19
Thursdays at 7:00 p.m.

Vernon Hills
Channel 4
Wednesdays following the 6:30 p.m. airing of the District 73 Board Meeting (approximately 8:00 - 8:30), and Sundays at 2:00 p.m.

Videotapes of the meetings are also available at both locations of Cook Memorial Public Library.

Summer news items

VHHS student **Matt Nuernberger** was selected as a member of the cast for the 2006 All-State Theater production of "A Chorus Line." LHS student **Kaitlin Pucci** was selected for the pit orchestra for the production.

District 128 Special Olympians recently participated in the Area 2 Bowling Tournament held earlier this month. The athletes brought home two gold, four silver and three bronze medals, as well as six 4th - 7th place ribbons. LHS senior gold medal winners **Jose Cossio** and **James Pahl** will go on to compete in sectional competition in October.

Seven members of the LHS FBLA team competed in the 2005 FBLA National Conference held in Orlando, Fla. on

June 28. Four LHS team members placed in the top 10 in their event. Students receiving national awards were **Andrea Hail, Mitchell Ji, Jackson Lai,** and **Richard Metschke.**

VHHS sophomores **Andrey Dolinko** and **Khalid Khayr** received honorable mentions in the 2005 51st Annual Scholarship Examination in Chemistry.

LHS student **Hanna Kruckman** was accepted to attend the Island School in Cape Eluethra, Bahamas this fall. A select group of only 44 students were accepted to participate in the program during the 2005-06 school year. The highly competitive program accepts approximately 29% of those who apply.

Lunch Bites

From Chartwells School Dining Services

Did you know that our menus offer at least nine different entrée choices for lunch each day? Our daily offerings include the Trattoria (pizza and pasta), the Fresh Grille (burgers, chicken and specials), Sandwich Central (made-to-order deli sandwiches), and Origins (home made comfort style foods such as baked chicken, tacos, etc.). Along with these, we have an assortment of salads. We offer side salads as well as entrée salads like Chicken Caesar, Crispy Chicken, and Chef Salads.

Nutrition is important to our students, so it is important to Chartwells. We have developed a program called Balanced Choice, which designates healthy, low-fat alternatives for lunch. Any item that fits the Balanced Choice nutritional requirements is identified with a special label. Look for these throughout cafeterias at both high schools. Along with the Balanced Choice program, look for a listing of nutritional values next fall for all items we serve. Our Registered Dietitian, **Monica Winer**, is working hard to present a full nutritional analysis of our meals.

District 128 has made it simple to pay for lunch. Every student has a lunch account in the point-of-sale system. Parents are encouraged to make payments directly to the cafeteria to be put on their child's account. Payments may be made with cash, by check (made payable to District 128), or online using a credit card at www.cafeprepay.com. If you use the online payment method, you will have access to view what your child has purchased for lunch as well as view the monetary balance of your student's lunch account. Benefits of participating by paying into a lunch account include:

- ♦Parents ability to track lunch purchases
- ♦Students ability to get through the lunch line faster (handling cash in the lunch line slows the line very much-this would speed up service and give more time for all students to eat)
- ♦Accuracy and accountability for monies designated for lunch

We make every effort to offer delicious, nutritious meals that will help our kids learn and grow. If you have any comments or questions, please feel free to contact **Manuel Vega**, Chartwells Director of Dining Services for District 128 at 847-327-7096, or at Manuel.Vega@d128.org.

CATS Aquatics honored

The Community High School District 128 CATS Aquatics program has been selected as a Bronze Medal Club in the USA Swimming Club Excellence Program. This is the first year the club has applied for the honor. To qualify for this distinction, a club must have at least one swimmer make the U.S. Open qualifying time standard. In addition to the performance component, the club must also submit a team handbook, annual budget and business plan, which included coach education, parent education, athlete progression and education, communication, and long-range planning. Of the 120 teams that applied for this prestigious award, CATS is one of only five Illinois teams to be honored. There are currently 114 clubs registered in the state of Illinois.

Kate Chronic is the head coach of CATS Aquatics.

Community Education *cont. from page 3*

District 128 Central Office
 Libertyville High School
 Vernon Hills High School
 Libertyville Senior Center
 Vernon Hills Senior Center
 Bannington Public Library
 Cook Memorial Public Library
 Ela Area Public Library
 Fremont Public Library
 Grayslake Area Public Library
 Lake Villa Public Library
 Round Lake Area Public Library
 Vernon Area Public Library
 Warren-Newport Public Library
 Wauconda Area Public Library

Our Community Education team takes pride in continuing the tradition of offering a quality program as our District has for the past 50 years. District 128's program is one of the most comprehensive avenues for learning opportunities in the area. Our program is unique in that we encourage residents from surrounding communities to take advantage of our many and diverse course offerings. Our program is constantly evolving in terms of the number and scope of our classes.

Please take the opportunity to look over our web site (www.comed128.org) to view the changes we have made to better serve you. We offer something for everyone ranging from academic classes like international language, computer, and finance, to fun classes such as gardening, crafts, and special interests. Our goal is to meet your learning needs.

Technology *cont. from page 4*

Approximately 40% of the student accessible District computers are equipped with CD-R or CD-RW drives, which means that if the CD-R or CD-RW media is not closed out properly utilizing the option that ensures that the media will be readable by ANY CD reader, the CD may not open properly. Using this method means that the CD-R or CD-RW media can only be used once. Rapidly becoming popular are USB mini-drives or "Flash drives." These large storage media devices have storage capacities ranging from 32 MB to 512 MB and larger and work very much like a floppy disk.

Students should be aware that only computers purchased in the last three years have front-accessible USB ports and therefore may need the assistance of the District IT Staff when using one. Like with CD-RW drives, approximately 40% of student accessible computers are equipped in this fashion.

Can Students Email Documents to Themselves? – Whereas every District computer is equipped with Internet filtering software in compliance with the Children's Internet Protect Act, we presently do not block many of the common Internet email hosts such as Yahoo Mail or Microsoft's HotMail. If your student has one of these email accounts, they can easily transfer personal files via email attachments. As stated before, they should save the attachment to their personal documents folder on our network before working with it or printing.

Any questions regarding these suggestions or procedures can be directed to **Temple Murphy** at LHS (847-327-7044) or **Bob Bartnik** at VHHS (847-932-2056).

From the Principal's Desk . . .



by Brad Swanson, Libertyville High School

Welcome to the 2005-06 school year at Libertyville High School!

I am thrilled to again be a member of Community High School District 128. I started my teaching career here at Libertyville High School from 1991-94 and have always treasured the wonderful memories of the people and experiences as a young teacher. As I was fortunate to serve as an administrator in a variety of other districts, I always seemed to compare them to the Libertyville standard. So, as you can imagine, I am both honored and excited to "return home" to Libertyville High School as principal.

Libertyville is a special place with hard-working and high-performing students, caring and dedicated faculty and staff members, and involved, generous and understanding parents. I strongly believe that the formula for high school success requires active participation and strong communication from home, school and student. It is this trio of efforts and responsibilities that will encourage a freshman to become involved in a new environment, a sophomore to make healthy social decisions, a junior to meet high academic challenges, and a senior to experience leadership. We all have the same vision – a healthy, happy, young adult equipped with the knowledge and skills of success. We realize this vision when home, school, and student work together as each is accountable for their own role and responsibility while being supportive and understanding of each other. Libertyville High School values deeply this partnership and I encourage you to become involved in your student's high school career. I look forward to getting to know all of the people that make Libertyville High School successful.

Please accept this open invitation to become involved in the parent organization that supports a variety of Libertyville High School activities.

Parent CATS:

Meets monthly on the second Wednesday @ 7:00 p.m. in the LHS Library during the school year.
President, **Anne Webb-Ross**, Phone Number 847.362.9283

During this summer, there have been many important projects throughout the building ranging from curriculum development to facility improvement. One project that I want to bring to your attention is the construction of our new gym. We are very excited and thankful for this new facility. It will greatly improve our athletic and physical education facility and allow us to better serve our students and their needs. As this project will take approximately one year and, at times, impact the availability of the road on the south end of the building, I appreciate, in advance, your understanding and flexibility and apologize for any inconvenience. I will be sure to communicate more details about the project at a later time.

I wish all of you a restful and enjoyable end of the summer. I look forward to meeting your son/daughter on our first day of school, Aug. 23.

Go Cats!



Attention LHS Class of 2009!

Freshman Orientation
Wednesday, Aug. 17
9:00 a.m. - 12:30 p.m.

Freshman will be introduced to LHS and become familiar with their classroom locations. Bus transportation will be provided to and from orientation for students who would normally take the bus. Buses will be running on their "late start" school day schedule for morning pickup. Buses will depart from orientation at approximately 12:30 p.m.

More information will be mailed home in August.

Student activities update

by Diane Phillips, Assistant Principal



Freshman Orientation will take place on Weds., Aug. 17, 2005 from approximately 9:00 – 12:30 p.m. Freshman will be introduced to LHS and become familiar with their classroom locations. Bus transportation will be provided to and from orientation for students who would normally take the bus. Buses will be running on their “late start” school day schedule for morning pickup. Buses will depart from orientation at approximately 12:30 p.m. More information will be mailed home in early August.

Get involved... There is a club or activity for everyone. Here is a list of the current student activities. Once school starts, watch the daily bulletin for times and locations of club meetings or call the sponsor directly. Diane Phillips, Director of Student Activities, can also be reached at (847) 327-7005 or Diane.Phillips@d128.org

Libertyville High School 2005-06 Student Activities

Club/Activity	Advisor(s)	Voice Mailbox #, dial (847) 327-7800 then enter #
ACE.....	TBA	(847) 327-7800
Academic Bowl.....	Ms. Robertson/Ms. Schnobel	(847) 327-7800 ext. 8207 / 8675
Academic Decathlon.....	Mr. Buesing	(847) 327-7800 ext. 8555
Art Club	Mr. Gossell/Ms. J. Johnson	(847) 327-7800 ext. 8457 / 8454
Belle Choir	Dr. J. Brown	(847) 327-7085
Best Buddies.....	Mrs. L. Ward	(847) 327-7800 ext. 8029
CATS-TV	Mr. D. Johnson	(847) 327-7060
Cleftomaniacs (formerly Men’s Choir).....	Dr. J. Brown	(847) 327-7085
Debate.....	Mr. C. Schmidt & Ms. Marske.....	(847) 327-7800 ext. 8121 / 8666
Fellowship of Christian Athletes	Mr. Eggert	(847) 327-7800 ext. 8008
Film Society	Mr. C. Schmidt	(847) 327-7800 ext. 8121
Fishing Club	Mr. B. Reichert/Mr. Uliks	(847) 327-7800 ext. 8176 / 7011
Freshman Class Council	TBA	
Future Business Leaders of America	Mr. B. Reichert/Mrs. Mills	(847) 327-7800 ext. 8176 / 8114
Gay/Straight Alliance	Ms. D. Flood	(847) 327-7800 ext. 8668
Interact.....	Ms. Fitzgibbons/Ms. Paul	(847) 327-7800 ext. 8662 / 8094
International Club.....	Ms. M. Gavin	(847) 327-7800 ext. 8608
Intramural Athletics/Club Sports.....	Mr. Albers	(847) 327-7063
Junior Class Council	TBA	
LEAF.....	Mrs. Gibbs/Mr. Underbrink	(847) 327-7800 ext. 8658
Library Book Club	Ms. Losacco	(847) 327-7048
Master Singers.....	Dr. J. Brown	(847) 327-7085
Math Team.....	Mrs. Gongol/Ms. Warfield/Mr. Brenner	(847) 327-7800 ext. 8414/8080/8412
Model United Nations.....	TBA	(847) 327-7800
National Honor Society	Mrs. Talley/Mrs. Held-Lyons.....	(847) 327-7028 327-7800 ext. 8665
Orchesis.....	Ms. E. Smith/Ms. Torrence	(847) 327-7800 ext. 8010 / 8571
Peer Mediation	Ms. S. Stevens/Ms. S. Kelly	(847) 327-7800 ext. 8125 / 7150
Ping Pong.....	Mr. C. Guiard/Mr. Marino	(847) 327-7800 ext. 8133 / 7082
Robotics Team	Ms. Rukes	(847) 327-7800 ext. 8012
Science Fiction Club.....	TBA	(847)327-7800
Science Olympiad	Mr. Bush/Ms. Nordstrom	(847)327-7800 ext. 8556 / 8572
Senior Class Council.....	TBA	
Seven Days Club	Ms. Mantonya	(847) 327-7800 ext. 8093
Skills USA/VICA	Mr. Carlson	(847) 327-7800 ext. 8451
<u>Slant of Light</u>	Ms. Schnobel	(847) 327-7800 ext. 8675
Sophomore Class Council.....	TBA	
Spark (formerly Snowball).....	Ms. D. Busch	(847) 327-7030
Speech/Forensics.....	Mr. Bizosky/Ms. Hake	(847) 327-7800 ext. 8552 / 8123
Sports Medicine Club.....	Mr. Russ	(847) 327-7081

Stage Players Mr. Frawley 847-327-7800 ext. 8656
 Strategy/Chess Club TBA 847-327-7800
 Student Council. . . Mr. Beach/Ms. Rukes 847-327-7126
 327-7800 ext. 8012
 TOPCATS....Ms. Hauck/Ms. Leafblad/Ms. Schnobel
 (847) 327-7800 ext.
 7033/ 8091/8675
 Treblemakers . . . Dr. J. Brown . . (847) 327-7085
 Wildcat Guard . . Mr. Fischl . . . (847) 327-7072
 WYSE Mrs. Sharp . . . (847) 327-7800 ext. 8569

Current as of 6/13/05. Clubs/Activities/Sponsors are subject to change.

Proposed Clubs for 2005/06 – Ski/Snowboarding Club, Grilling Club, Investment Club – See Ms. Phillips in Room 1103 for more information or check the daily bulletin for club updates and meeting dates and times.

Parent CATS wants you to get involved. It's a great way to get involved in LHS activities. Meeting are held in the LHS library with the exception of special events.

Wednesday, Sept. 7, 2005	7:00 p.m.
Wednesday, Oct. 12, 2005	7:00 p.m.
Wednesday, Nov. 9, 2005	7:00 p.m.
Wednesday, Dec. 14, 2005	7:00 p.m.
Wednesday, Jan. 11, 2006	7:00 p.m.
Wednesday, Feb. 8, 2006	7:00 p.m.
Wednesday, March 8, 2006	7:00 p.m.
Wednesday, April 12, 2006	7:00 p.m.
Wednesday, May 10, 2006	7:00 p.m.

Homecoming 2005

Wednesday, Sept. 21	Sweet 16 Elections – Senior voting
Thursday, Sept. 22	Sweet 16 Elections – Senior voting
Friday, Sept. 23	Sweet 16 Assembly
Monday, Sept. 26	Spirit Week/Float Building (6 – 9 p.m. in Field house)
Tuesday, Sept. 27	Spirit Week / Float Building
Wednesday, Sept. 28	Spirit Week / Float Building / Powder Puff Football Game / Homecoming Elections
Thursday, Sept. 29	Spirit Week / Float Building Dance Ticket Sales During Lunch Periods / Homecoming Elections
Friday, Sept. 30	Spirit Week / Float Building / Dance Ticket Sales During Lunch Periods / Homecoming / Fall Recognition Assembly
Saturday, Oct. 1	Parade begins at Libertyville Train Station at 9:30 a.m. Football games at 10:30 a.m. (soph.) and 1:00 p.m. (varsity) Dance in Gym from 8:00 p.m. – 11:00 p.m.

School Calendar

Check out the District 128 web site www.d128.org under Libertyville High School for a complete 2005-06 school calendar for the 2005-2006 school year.

August 2005

8/10/05	Football & Golf Begins
8/15/05	Fall Sports Begin
8/17/05	Freshman Orientation, Approx. 9:00 a.m. – 12:30 p.m.
8/22/05	Teacher Institute – No Students
8/23/05	Half Day – Students in AM only
8/24/05	Half Day – Students in AM only
8/24/05	Freshman Athletic Orientation, 7:00 p.m.
8/25/05	1 st Full Day of Student Attendance
8/25/05	Sophomore & Junior Yearbook Pictures (during P.E. Classes)
8/26/05	Freshman Yearbook Pictures (during P.E. classes)
8/27/05	Freshman Dance 7:00 – 9:00 PM (\$5.00 & ID Required) in the Gym Freshman Parent Program in the Auditorium & Cafeteria
8/29/05	Make-up Yearbook Pictures

September 2005

9/02/05	Freshman Officer Petitions Due by Noon
9/05/05	No School – Labor Day
9/07/05	Freshman Class Officer Elections
9/07/05	Parent CATS Meeting in Library, 7:00 PM
9/07/05	Faculty Recital in Auditorium, 7:30 PM
9/08/05	Senior College Application Workshop in Cafeteria, 7:30 PM
9/09/05	Freshman Representative Petitions Due by Noon
9/09/05	Lunch with an Administrator
9/09/05	2005 Yearbook Distribution in Cafeteria, 3:00 – 5:00 PM
9/13/05	Freshman Representative Elections
9/13/05	Open House (More information will be mailed)
9/14/05	Late Start/First Class
9/14/05	Senior Class Photo (part of Period 1)
9/17/05	Kickoff Dance in Field house, 7:30 – 10:30 PM
9/21/05	Late Start/First Class
9/21/05	Senior Voting – Sweet 16 Elections
9/21/05	CRC Open House, 6:30 – 8:30 PM
9/22/05	Senior Voting – Sweet 16 Elections
9/22/05	Midpoint 1 st Quarter
9/23/05	Freshman “Walk-On” Petitions due by Noon
9/23/05	Sweet 16 Assembly
9/24/05	ACT at LHS
9/26/05	Community Education Classes Begin
9/26/05	Homecoming Spirit Week/Float Building
9/27/05	Homecoming Spirit Week/Float Building
9/28/05	Homecoming Spirit Week/Float Building/ Homecoming Elections
9/28/05	Powder Puff Football Game
9/29/05	Homecoming Spirit Week/Float Building/Dance ticket sales during lunch
9/29/05	String Festival, 7:30 p.m., Auditorium
9/30/05	Homecoming Spirit Week/Float Building/Dance ticket sales during lunch/ Homecoming/Fall Recognition Assembly

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*News from the Hills***Principal's Report***by Dr. Ellen Cwick*

I personally want to welcome everyone to the 2005-06 school year! Mon., Aug. 22, 2005 is a full day institute for staff and Tues., Aug. 23 is our first day of attendance for students (half day schedule).

I want to encourage all students at VHHS to become immersed in student activities, fine arts and athletics as well as with their studies. As you can see in this issue, there is something available for everyone and we want you to enjoy your experience at VHHS. Simply put, we want all our students to bleed "Cougar Blue!" Ninth graders, don't forget to attend Freshman Orientation on Thurs., Aug. 18 at 8:00 a.m. (see specifics about this day on page 12.)

The Cougars of VHHS also extend a warm welcome to **Prentiss Lea**, our new associate superintendent and **Brad Swanson**, the new principal of Libertyville High School. We all are looking forward to working with both of you.

Secondly, we want to say best of luck to **Deborah Larson** as she assumes her new role as director of curriculum and instruction for our District. Deb has spent four years as our Assistant Principal here at VHHS and we will greatly miss her leadership, enthusiasm, and positive attitude. Deb played

an integral part in helping VHHS get to where it is today. We are confident Deb will be a tremendous leader for District 128 in her new role.

A Cougar roar also goes out welcoming **Judy Smithhisler**, our new mathematics department supervisor. Judy received her Bachelor of Science degree in Mathematics from Western Illinois University and Master of Science degree from National-Louis University. Judy comes to us from Antioch High School where she spent 21 years both as a math teacher and an administrator. Judy has extensive coaching experience in volleyball and softball.

I invite all parents to become involved with their teen's life at VHHS. We want you to be an integral part of life at VHHS and partner with us to make school a special place for all students.

The Vernon Hills High School parent group organizational structure was developed to ensure communication, support and continuity among the three parent organizations. Cougar Council is comprised of the presidents, vice presidents and treasurers of Cougar Parent Connection, Cougar Athletic Boosters and Cougar Arts Support Team along with the VHHS principal and directors of fine arts and athletics.

Our philosophy is that all students, parents, faculty, and the community benefit from active participation in the school community. Each of our parent organizations serves a specific purpose and group of school interest. Cougar Parent Connection (CPC) serves as Vernon Hills High School's main parent organization and support the activities and needs of the high school. Cougar Arts Support Team (CAST) provides assistance and support to an excellent fine arts department at VHHS. Cougar Athletic Boosters (CAB) promotes the interscholastic athletic program at VHHS and boosts participation and school spirit at athletic events and activities.

Cougar parent groups are continually evolving. Bring your ideas to a CPC, CAST, or CAB meeting. The following are the meeting dates:

CPC: Sept. 8, Oct. 6 Freshmen parent orientation, Nov. 10, Jan. 12, April 6- all meetings at 7:00 p.m.

CAB: 1st Wed. each month at 7:00 p.m.

CAST: 1st Tues. each month at 7:00 p.m.

Any questions can be addressed to the presidents of the organizations by contacting:

Cheryl Chrysler (CPC)- TChrysler@aol.com or (847) 680-5936

Bruce Mahrenholz (CAB)- (847) 816-9559

Judy Nuernberger (CAST)- KNuernb53@aol.com or (847) 367-4241

Cougar Parent Connection Freshman Parents Only Meeting **Thursday, October 6, 2005, 7:00 p.m. VHHS Library**

Attention freshman parents . . . this meeting is for you! Back by popular demand, this informal meeting is just what you have been looking for. A chance for you to ask, and get answers for, all of those unanswered questions! We are gathering an exciting list of knowledgeable VHHS staff members who will share valuable tips with you as to how you can make this first year of high school a success for both you and your freshman student. Topics include an overview of what to expect at VHHS, a list of the many resources available at the school and a review of beginning-of-year activities, including home-coming and December Adopt-a-Family. In addition, we will provide you with an overview of the many volunteer opportunities available to you at VHHS. Get involved. School is only as successful as your parental involvement. Hope to see you there! (Note: other non-freshman parents are also welcome to attend!)

VHHS student activities update

by Deborah Beagle, Student Activities Director



Start the school year off by getting involved in Student Activities at Vernon Hills High School. The best time to get involved is the beginning of the school year. Participation in student activities enables you to develop leadership qualities, make new friends, pursue special interests and just have fun! Following is a representative list of the various activities presented to the student body, along with the advisor for the 2005-2006 school year.

Every student is encouraged to select one or more of the activities in which to actively participate. However since the primary purpose of high school is to promote scholastic achievement, a student is advised to select activities wisely and to budget their time effectively. There are activities that provide for (1) an extension of interest provoked in the classroom, (2) an opportunity to develop special interests and abilities and (3) social and service activities in the school and community.

Please direct any questions to Deborah Beagle, Student Activities Director (ext. 2195)

2005-06 Student Activities

<u>Club</u>	<u>Sponsor(s)</u>
Academic Bowl	Mr. Paul Kemp & Ms. Megan Geltner
Anime	Ms. Monica Tolva
Art Club	Mr. Jim Savage & Ms. Stephanie Dahlstrom
Athletes Committed to Excellence (ACE)	Mr. Paul Brettner
Backlight Theater Company	Mr. Kevin Phelan & Ms. Stephanie Freichels
Best Buddies	Ms. Jennifer Ratajczyk
CAT-TV	Mr. James MacAyeal
DECA	Ms. Sheryl Olson
FCA (Fellowship of Christian Athletes)	Student led organization
First Class	Mr. Tom Chinske
Freshman Class Council	Ms. Rebecca Bellito & Ms. Carrie Jarvis
Future Business Leaders of America	Mr. Sean Crevier
GSA (Gay Straight Alliance)	Ms. Rebecca Stern, Mr. Craig Bomgaars, Ms. Carrie Jarvis
Interact	Ms. Kate Wicklander
International Club	tba
Intramurals	Mr. Chris Curry
Junior Class Council	Ms. Megan Geltner
Junior National Association of the Deaf	Ms. MaryBeth Rosell & Ms. Katie Myers
Math Team	Ms. Cheryl Ballenger
Model United Nations	Mr. Frank Underbrink
National Honor Society	Ms. Wendy Meister-Louria
Orchesis	Mrs. Eryn Smith
Outdoor Adventure Club	Mr. Jerry Miceli
Robotics	Mr. Jay Walgren
School Newspaper	Ms. Rebecca Bellito
Senior Class Council	Ms. Leslie Nardini
Sophomore Class Council	Ms. Kelly Brausam
S.P.A.R.K. (Supporting Peers and Reaching Kids)	Ms. Margaret Pither
Special Olympics	Mr. Andy Compton
Speech Team	Mr. Sean Conroy & Ms. Sharon Arbiture
Spotlight (Fashion Club)	Ms. Sandy Gerbasi
Strategy Club	Mr. Sean Conroy
Student Council	Ms. Laura Bertermann & Mrs. Peggy Cope
VH20 (Environmental Club)	Mr. Kedric Greenawalt, Ms. Lynne Shenk & Ms. Pat Nora
VICA – SKILLS USA	Mr. Kip Baxter
V.I.P. (Voices in Prevention)	Ms. Margaret Pither
Whispers of Immortality (Student Literary Magazine)	Ms. Eileen Orzoff & Mr. Sean Conroy
Worldwide Youth in Science and Engineering (WYSE)	Mr. Josh Ravenscraft
Yearbook	Ms. Patricia Nora

continued on page 12



Attention VHHS Class of 2009:

Mark your calendars for Freshman Orientation

Thurs., Aug. 18, 2005

8:00 a.m. to 10:00 a.m.
(Buses will be provided)



Presentation Entertainment Tours

More information regarding Freshmen Orientation will follow in the August mailing.

Questions? Call Marla Pierce at 847-932-2002

Student activities *continued from page 11*

Congratulations to the 2005-06 student council class officers and representatives. Students are encouraged to contact their class representatives to get involved, offer suggestions, help organize the class charity event or be a part of planning the next dance. Walk-ons are welcome.

Freshman Class Council: (elections will be held in August)

Sophomore Class Council:

- President: **Maddie Kleinhample**
- Vice-President: **Kelsey Kind**
- Secretary: **Sylvia Kim**
- Treasurer: **Ariel Block**
- Representatives: **Vanessa Ceballos, Katie Grimes, Anastasia Guletsky, Regina Kim, Michelle Krueger, Arjun Shah**

Junior Class Council:

- President: **Melissa Silverberg**
- Vice-President: **Melissa Azul**
- Secretary: **Stephanie Grebe**
- Treasurer: **Eric Contos**
- Representatives: **Carla Brioni, Taebee Chang, Melissa Chua, Andrea Liu, Michael Mui, Anne Unterfenger**

Senior Class Council:

- President: **Brittany Johnson**
- Vice-President: **Sandy Kim**
- Secretary: **Lauren Hansen**
- Treasurer: **Amy Palace**
- Representatives: **Laura Fine, Katie Foster, Fred Hill, Chelsea Magary**

Student Council Executive Board:

- President: **Apostolos Kalantzis**
- Vice-President: **Kristen Adachi**
- Corresponding Sec: **TBA**
- Recording Sec: **Sara Stiles**
- Treasurer: **Caitlin Natsch**

Fire Explorer Post orientation

The Lincolnshire-Riverwoods Fire Department has recently chartered a Fire Explorer Post for young men and women with an interest in a career in the fire service. An orientation and registration night will be held at Fire Station 51, 115 Schelter Rd. in Lincolnshire, at 7:00 p.m. on Tues., Sept. 13. Membership in the Explorer Post is open to individuals between the ages of 14 (must have completed the eighth grade) and 20.

Participants will receive intensive career development training and will be able to ride along on emergency calls after completing basic training and attaining the age of 16. Although fire situations are controlled during training, Explorers are not allowed to perform firefighting duties on actual calls.

Explorers will meet on the first and third Tuesday of each month from 7:00 p.m. to 9:00 p.m.

For more information, please call **Lt. Scott Vaughn** at 847-634-2512.

Are you ready? Let's get started!

by Ole Stevens, LHS College and Career Counselor



With summer drawing to a close it's time for juniors and seniors to face the fact that their high school career is past the halfway mark and it is time to work on those post-high school plans. This can be a stressful time for upperclassmen. Not only are they going from the free days of summer to the exciting and busy days of school, but they are sitting on the edge of the unknown as they do not know what the future holds.

In general, the best advice is to do a little bit at a time. I would recommend that families visit our Student Services or CRC web pages and look at the **Class Timelines**. This will help students to prepare and plan for these important activities. Below are some major tasks that I would like to highlight for the beginning of the year.

Testing, one, two? Testing is probably the topic that produces the most calls to the CRC. Both juniors and seniors should enter the school year with a testing plan. For seniors, this is the last chance to improve those scores. What tests do you want to retake? Time is running out so sign up NOW.

For juniors the fun is just beginning. The ACT and the SAT are best taken during the spring of the junior year after students have had exposure to enough curriculum, though some students plan to take a test early for practice. The best way to prepare for these tests is to get a good education. If you want to brush up on some topics and familiarize yourself with the test itself, then some students choose to take test preparation courses. Both LHS and VHHS offer an ACT Test Prep class during the spring semester designed to prepare juniors for the April ACT. Registration material is mailed home in mid-December and registration is held only in January. Check out the Student Services and CRC web sites for further details. If you are interested in test prep for the PSAT, SAT or you are looking for other options for ACT prep, there are many options out there, including Testwatch Testprep which utilizes District 128 facilities for some prep courses.

Opportunity missed or opportunity taken? Both juniors and seniors need to take advantage of the college representatives that come to visit. Last September and October the CRC at LHS alone hosted over 90 college reps! Unfortunately, this is a service that is often taken for granted and overlooked by students and their families. Many times I have sat alone with college reps from *excellent* schools because students either didn't know they were coming or couldn't make the time. This is unfortunate because the reps are really here to talk with YOU the student, not me, the humble College Counselor. *cont. on page 14*

Answers to our frequently asked questions

by Vic Capron, VHHS College and Career Counselor



I am satisfied with my composite score on the ACT but was a little disappointed in my score on the writing component. Should I take the test over again?

Before making that decision, check with the college or colleges you are considering, to determine what role the writing component plays in the admissions process. If you have any further questions about retesting, see your counselor or college counselor.

Is it more important to take harder courses or maintain a higher grade point average?

Most colleges and universities will look at both your course selection and grades in the admission process and balance them together. Obviously, you should make sure that you are choosing the most appropriate courses for your level. It is not a good idea to get a very poor grade in an advanced course. For assistance with course selection, see your counselor.

I am a senior parent and want to know how and when to apply for financial aid?

All colleges require families to complete the Free Application for Federal Student Aid form (FAFSA). This form must be completed after Jan. 1 of your senior year and not before this date. Also, check with the college/s of your interest about deadline dates and to see if any additional forms are required. Some private colleges and universities require their own institutional financial aid form or the CSS financial aid profile form.

I recently received information in the mail regarding an ACT and SAT test preparation class. Is this the same test prep class that the high school offers? Also, when should I take these tests?

No. There is a company called Testwatch Testprep which utilizes District 128 facilities and is one of many test prep options available to families. Both VHHS and LHS offer an evening test prep class in the months of February and March to prepare students for the April test dates. Registration materials will be mailed home to all junior families during winter break. For most students, it is recommended to take the ACT and/or SAT in the spring of junior year.

When should I apply to colleges?

We recommend applying to colleges between the months of September through November. University of Illinois as well as some other state schools has a November 1 priority filing date. *cont. on page 14*

Are you ready? *continued from page 13*

Often reps come in very excited to finally meet a student who has applied to their school; to turn that paper application into a real face- a real person, and I have to come up with a reason why they are not there.

For seniors, meeting with a college rep is an important opportunity to sit face to face with a person that may be evaluating your application. Seniors can ask those detailed questions that can help them decide which school is #1.

For juniors, this is a great opportunity to window shop and get your feet wet. I would even recommend that juniors take a practice run and meet with a rep that may not be on their top 10 list. This would provide the student with much needed practice asking questions, answering questions and generally interacting with college officials. Then when the favorite college rep comes to town the student will present him/herself in a smooth and polished way.

To find out when the college reps are coming I would recommend that students check the following sources:

- Student Services and CRC web site has a semester list of the reps coming in.
- The daily bulletin has a list for the week. You can also find this online.
- Hallway bulletin boards and TV monitors
- LHS will also be putting college rep information on TCCi Family Connection

It's your 7th semester. Do you know where your applications are? I would like to encourage all seniors to get a jump on completing those college apps. Many schools are seeing an increase in their number of applications. Thus, many colleges are moving their application priority deadline to an earlier date. Also, with an intense pool of applicants, the longer you wait, the more schools will begin to increase their admission standards, and it may be a little harder to get accepted at your school of choice.

Now is the time to get those applications together before the school year gets rolling and your schedule gets hectic. Fall athletes should especially get started on the college application process before their season gets in full swing. Counselors will be ready to begin processing applications by the end of August. I would also suggest getting your applications in to your counselor by mid-October so that you can meet any priority deadlines.

Frequently asked questions *continued from page 13*

Students should apply to schools with a Nov. 1 priority filing date by Oct. 15 to allow enough time for processing.

How do I start the college search process?

Becoming familiar with the materials in the College Career Resource Center is a great first step to help you get started. Career Cruising Internet-based program allows students to search for college, career and scholarship information. College catalogs, college and career files, and reference books are just some of the other resources available in the CRC. Also, college representatives visit the CRC throughout the fall to meet with interested juniors and seniors. The CRC is open before and after school and during your study hall period.

I want to play a sport in college, when should I apply for the NCAA Clearinghouse?

Summer after junior year is the ideal time to apply for the Clearinghouse. Remember, only if you are interested in playing at the Division I or II levels do you need to apply to the Clearinghouse. For more information about the Clearinghouse, see Mr. Capron or go to www.ncaa.org.

What programs are available to assist me with the college search and selection process?

The CRC will host two evening programs for junior and senior families, and one evening program for sophomores. A letter detailing the programs will be mailed home two weeks prior to each program. In addition, the CRC will host several evening open houses throughout the year. Open houses are more informal in nature and give students and parents an opportunity to browse through the references in the CRC.

Two counselors will be available to assist you and answer any questions you may have. The dates of the open houses and evening programs will be posted on the CRC web site.

Is there any disadvantage to apply to colleges online?

If seniors choose to apply online, they will not be at a disadvantage. The majority of colleges allow students and, in many cases, encourages students to apply online. Remember, if you apply online, you still need to see your counselor about coordinating your transcript and/or teacher recommendations.

Also, remember, that ACT and SAT scores do not appear on your transcript. You are responsible to send your scores to colleges.

I am a parent of a freshman and received a letter in the mail about a service that will find my student scholarships. Is this a legitimate service?

Be suspicious of programs urging you to call to reserve a free workshop, or that claim that you've been "specially selected," and then reveal neither how they received your name nor what the workshop entails. If you have any reason to be suspicious about a scholarship service, call Mr. Capron at VHHS or Mr. Stevens at LHS.

How do I find out about scholarships?

First, one of your best sources for scholarships is the colleges and universities. Check out the financial aid weblink at colleges/universities of your interest. The CRC publishes a monthly scholarship bulletin beginning in October. This bulletin will also be posted on the CRC web site along with a list of free scholarship services which are available on the Internet.

District 128 Fine and Performing Arts Department 2005-06 Calendar of Events

Wednesday, Sept. 7	LHS Faculty Recital LHS Auditorium, 7:30 p.m.	Wednesday, Jan. 11	District/Jr. High Jazz Festival LHS Auditorium, 10:00 a.m.	Thursday, April 20	VHHS Orchestra Concert VHHS Auditorium, 7:30 p.m.
Thursday, Sept. 29	LHS/Jr. High Orchestra Festival LHS Auditorium, 7:30 p.m.	Wednesday - Saturday Jan. 25-28	IMEA - Peoria	Friday-Saturday, April 28-29	LHS Spring Play LHS Auditorium, 7:30 p.m.
Thursday, Oct. 20	LHS/Jr. High Choral Festival LHS Gymnasium, 7:30 p.m.	Wednesday, Feb. 1	VHHS Band Concert VHHS Auditorium, 7:30 p.m.	Wednesday, May 3	LHS Spring Band Concert LHS Auditorium, 7:30 p.m.
Thurs.-Sat., Oct. 27-29	VHHS Fall Play VHHS Studio Theater, 7:30 p.m.	Friday-Saturday Feb. 10-11	LHS Winter Play LHS Auditorium, 7:30 p.m.	Saturday, May 6	Superstate
Thursday, Nov. 3	VHHS Choir Fest VHHS Auditorium, 7:30 p.m.	Wednesday, Feb. 22	LHS Winter Band Concert LHS Auditorium, 7:30 p.m.	Wednesday, May 10	LHS Spring Choir Concert LHS Auditorium, 7:30 p.m.
Thursday-Saturday Nov. 3-5	LHS Musical LHS Auditorium, 7:30 p.m.	Thursday - Friday Feb. 23-24	LHS One Act Plays LHS Studio Theatre, 7:30 p.m.	Thursday - Saturday May 11-13	VHHS Spring Play VHHS Studio Theater, 7:30 p.m.
Wednesday, Nov. 9	VHHS Orchestra Festival VHHS Auditorium, 7:30 p.m.	Thursday - Saturday Feb. 23-25	VHHS Musical VHHS Auditorium, 7:30 p.m.	Thursday, May 18	LHS Spring Orchestra Concert LHS Auditorium, 7:30 p.m.
Saturday, Nov. 12	IMEA - Band, Orchestra & Choir 3:00 p.m.	Thursday - Friday March 2-3	LHS Orchesis Dance Recital LHS Auditorium, 7:30 p.m.	Thursday, May 18	VHHS Orchesis Dance Recital VHHS Auditorium, 7:30 p.m.
Thursday, Nov. 17	LHS/Jr. High Band Festival LHS Gymnasium, 7:30 p.m.	Saturday, March 4	IHSA Solo/Ensemble Music Contest All Day, TBA	Tuesday, May 23	VHHS Art Show Lobby, 7:00 p.m.
Thursday, Nov. 17	VHHS Band Festival VHHS Gymnasium, 7:30 p.m.	Thursday, March 9	LHS Cabaret LHS Cafeteria, 7:30 p.m.	Wednesday, May 24	VHHS Art Show Lobby, 8:00 a.m. - Noon
Friday - Saturday Nov. 18-19	VHHS One Act Plays VHHS Studio Theater, 7:30 p.m.	Thursday, March 16	VHHS Cabaret VHHS Lobby, 7:30 p.m.	Thursday, May 25	VHHS Band Concert VHHS Auditorium, 7:30 p.m.
Saturday, Nov. 19	IMEA - Jazz 3:00 p.m.	Friday, March 17	LHS Jazz Concert LHS Auditorium, 7:30 p.m.	Thursday, May 25	LHS Art Show LHS Gymnasium, 7:00 p.m.
Wednesday, Nov. 30	LHS Orchestra Concert LHS Auditorium, 7:30 p.m.	Tuesday, March 21	VHHS Winter Band Concert VHHS Auditorium, 7:30 p.m.	Friday, May 26	LHS Art Show LHS Gymnasium 8:00 a.m. - Noon
Thursday, Dec. 8	VHHS Holiday Music Festival VHHS Auditorium, 7:30 p.m.	Wednesday, March 22	LHS Winter Orchestra Concert LHS Auditorium, 7:30 p.m.	Friday, May 26	LHS Collage 7:30 p.m. LHS Auditorium
Tuesday, Dec. 13	LHS Holiday Music Festival Dress Rehearsal LHS Auditorium, 5:00 p.m.	Friday, April 7 (tentative)	IHSA Organizational P.M.	Friday, May 26	VHHS Spring Orchestra/Choir Concert Auditorium, 7:30 p.m.
Thursday, Dec. 15	LHS Holiday Music Festival LHS Auditorium, 7:30 p.m.	Saturday, April 8 (tentative)	Music Contest	Wednesday, May 31	
Thursday - Saturday Jan. 5-7	Theatre Fest - U of I	Thursday, April 14	VHHS Orchestra Concert Auditorium, 7:30 p.m.		
		TBA	North Suburban Conference Art Show TBA, 6:30 p.m.		

For more information, call the Fine Arts offices at LHS 847-327-7058, 327-7057 or VHHS 847-932-2283, 932-2282. Changes and updates will be posted on the District 128 web site - <http://d128.org>

Athletic Director's Corner

by Tim Albers, LHS Athletic Director



The summer months are racing by us and before you know it we will be starting the 2005-2006 school year. I would like to provide you with information, dates and important events that will happen in our Libertyville High School athletic programs this fall.

Fall/Winter/Spring Athletes - What will students need to have **BEFORE** they try out?

Eligibility - Students must be eligible (IHSA by-law), which means that sophomores, juniors or seniors must have passed four subjects (20 semester credit hours) the previous semester to be eligible to compete this fall. Incoming freshman athletes are not included in this by-law until they become a student at the high school.

BEFORE STUDENTS WILL BE ALLOWED TO TRY OUT THIS YEAR, THEY MUST HAVE ALL FORMS LISTED BELOW COMPLETED AND TURNED INTO THE ATHLETIC OFFICE BEFORE THE FIRST PRACTICE DATE. STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE UNTIL ALL THREE ITEMS LISTED BELOW HAVE BEEN COMPLETED.

1. Permit Card (Orange Card) - Students will need to have an athletic permit card (orange card) completed and returned to the athletic office. The card must be complete with all signatures including a **signature and stamp from your physician** indicating that the student/athlete has been given a physical and the doctor approves his/her participation in our athletic programs.

2. Emergency Information Sheet (Green Sheet) - Students will also need to have the emergency green information sheet signed and returned to the athletic office. Any changes in phone numbers or address should be noted on this sheet. This sheet is specific to your son or daughter.

3. Athletic Code of Conduct - All athletes will need to fill out and complete the yellow code of conduct form with all necessary signatures. Athletes competing in multiple sports will only have to fill out the code of conduct one time for the year.

New Procedure This Year

Athletic User Fee - Each student will be charged **\$40 per sport** that he or she participates in this year. Unlike previous years, this fee will not need to be paid up front. Parents will receive an invoice in the mail around the time of the first contest date. Once the fee is paid and the first athletic contest of the season has been played, refunds will no longer be allowed.

Fall Sports - What is offered, when and where do they start?

<u>Sport</u>	<u>Level</u>	<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Coach</u>
Boys' Cross Country	All	8/15	3:10 p.m.	Track	Buesing
Girls' Cross Country	All	8/15	8:00 a.m.	Track	Carlson
Football	V / Soph	8/10	7:30 a.m.	Field house	Kuczeyeski
	Frosh	8/8**	1:00 p.m.	LHS	Eggert
	Frosh	8/10	1:00 p.m.	Brainerd	Eggert

** Frosh players only (not parents) will have an organizational meeting at 1:00 p.m. in the LHS Studio Theater. Players who have not turned in their permit card and emergency green information sheet or paid their athletic fee will not receive equipment until this is taken care of.

Boys' Golf	All	8/12*	9:00 a.m.	LHS, Rm. 157	Estep
	Fr/Soph	8/15**	TBA	Village Green	Estep
	Varsity	8/18**	TBA	Village Green	Estep

* Meeting only. Tryout information will be distributed at this meeting.
** First practice.

Girls' Golf	All	8/12*	9:00 a.m.	Cafeteria	Seward
		8/15**	3:00 p.m.	Village Green	Seward

* Meeting only. Tryout information will be distributed at this meeting.
** First practice.

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Boys' Soccer	All	8/15	9:00 a.m.	Old School Forest Preserve	Schinto
Girls' Swim Diving	All	8/15	8:00 a.m. 3:00 p.m.	Pool Pool	Casteleyn ** Bring suits – ready to swim
Girls' Tennis	All	8/15	9:00 a.m.	Tennis Cts.	Kiernan
Girls' Volleyball	Jr/Sr	8/15	8-9:30 a.m.	LHS Gym	Trzyna
	Soph	8/15	8-10:00 a.m.	LHS Gym	Trzyna
	Frosh	8/15	10-12:00 p.m.	LHS Gym	Trzyna
	Jr/Sr	8/15	12-1:30 p.m.	LHS Gym	Trzyna

Important information and dates to remember:

Wednesday, Aug. 24--Freshman Athletic Orientation

(All freshman athletes and parents) must attend a mandatory meeting on Wednesday, Aug. 25 at 7:00 p.m. in the LHS auditorium. This meeting will provide the athlete and parent with pertinent information about our athletic programs, procedures, policies and will ensure a smooth athletic transition from junior high to high school. If you plan on going out for a sport, you MUST attend this meeting.

Athletic Team and Individual Fall Picture Day

Visual Image Photography will be at LHS on the dates given below to take team and individual pictures for our yearbook and also for parents to purchase. Picture day forms will be handed out to our athletes one week prior to their picture date giving information on purchase and prices. The forms handed out will be pre-paid envelopes on which you may designate the picture package you may wish to purchase. Coaches will provide the players with schedule times for the designated days.

Football	Saturday	Aug. 13	Stadium Football Field
Cheerleaders	Saturday	Aug. 13	Stadium Football Field
Poms	Saturday	Aug. 13	Stadium Football Field
Boys Golf	Monday	Aug. 23	Stadium Football Field
Girls Golf	Monday	Aug. 23	Stadium Football Field
Girls Volleyball	Monday	Aug. 23	LHS Gym
Boys Cross Country	Monday	Aug. 23	Track
Girls Cross Country	Monday	Aug. 23	Track
Boys Soccer	Tuesday	Aug. 24	Stadium Football Field
Girls Swim	Tuesday	Aug. 24	Pool
Girls Tennis	Tuesday	Aug. 24	Tennis Courts

Homecoming

Saturday, Oct. 1 will be the LHS Homecoming. The parade will begin in the morning through downtown Libertyville, followed by the football game vs. Lake Zurich High School. The sophomore game will be played in the stadium at 10:30 a.m. followed by the varsity game, which will also be played in the stadium at 1:00 p.m. The freshman football game is played on Friday, Sept. 30 at 4:30 p.m. The Saturday game is followed by an evening formal homecoming dance.

Athletic Invites or Tournaments that LHS will host this fall

Sophomore Girls Volleyball Tournament	Saturday, Sept. 10	8:30 a.m.	LHS
JV Girls' Tennis Tournament	Saturday, Sept. 17	8:30 a.m.	Tennis Courts
Boys'/Girls' Cross Country Invite	Saturday, Sept. 17	9:30 a.m.	Adler Park
Girls' Volleyball Cross Town Classic.	Friday, Oct. 21	5:00 p.m.	LHS
	Saturday, Oct. 22	12:30 p.m.	LHS
NSC Girls' JV Diving	Thursday, Nov. 3	5:00 p.m.	Pool
NSC Girls' JV Swimming	Friday, Nov. 4	5:00 p.m.	Pool
Girls' Volleyball Regional	Tues., Wed., Sat. Oct. 26, 27, 30		

From the Hills . . .

by Alan Janulis, VHHS Athletic Director



As we look to coming back to school in August, many students will again be participating in the Cougar athletic program. Following is a chart you will find helpful as you plan and prepare your back-to-school schedule. Get out your calendar, planner, or PDA and note these important dates, times, and locations of the start-up fall athletic activity dates/times/locations:

Fall athletic dates to remember

<u>Sport</u>	<u>Level</u>	<u>Coach</u>	<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Notes/Inclement Weather</u>
Cheerleading	All	Marissa Smith	Mon., Aug. 15	3:45p.m.	Gymnastics Gym	N/A
Boys' Cross Country	All	Jeff Zematis	Mon., Aug. 15	3:00 p.m.	VHHS Track	Northeast Gate/Foyer
Girls' Cross Country	All	E. Zematis/ S. Richert	Mon., Aug. 15	3:00 p.m.	VHHS Track	Northeast Gate/Foyer
Football	All	Tony Monken-Var.	Wed., Aug. 10	8:00 a.m.	Field house	
		Jason Czamecki-So.	Wed., Aug. 10	8:00 a.m.	Field house	
		Joe O'Brien-Fr.	Wed., Aug. 10	8:00 a.m.	Field house	
Boys' Golf	All	Shawn Healey	Tues., Aug. 9	9:00 a.m.	Rm. 0211	Pre-season Meeting (Var. & F/S)
	Varsity	Shawn Healey	Wed., Aug. 10	6:30 a.m.	White Deer Run	Golf Course
	Frosh/Soph	Vic Capron	Wed., Aug. 10	11:00 a.m.	White Deer Run	Driving Range
Girls' Golf	All	Ron Long	Wed., Aug. 10	11:00 a.m.	White Deer Run	Driving Range/Clubhouse
Pom Poms	All	Brittany Henley	Mon., Aug. 15	4:00 p.m.	Field house	N/A
Boys' Soccer	All	Vince DeLuca	Mon., Aug. 15	3:00 p.m.	American Hotel Register Field	Rm. 0222
Girls' Swim/Dive	All	Jim Pardun	Mon., Aug. 15	10:00 a.m.	VHHS Pool	N/A
Girls' Tennis	All	Doug Gerber	Mon., Aug. 15	10:00 a.m.-2:00 p.m.	VHHS West Entrance Foyer	Going to Deerpath Park Tennis Courts/ In case of rain 10:00-noon
Girls' Volleyball	All	Sean Connelly	Mon., Aug. 15	8-10:30 a.m. and 3:00 p.m.	Gym/Field house	Wear proper volleyball attire, including knee pads

I strongly encourage all students, **especially our incoming freshmen**, to become involved in the extracurricular program at VHHS. A recent survey of Fortune 500 company executives revealed that the most common factor in future success among the executives was their involvement in high school extracurricular activities. In addition to the athletic program, we also have opportunities in student activities, fine arts, and government.

The team photographs for football players, cheerleaders, and girls' golf will be taken on Saturday morning, Aug. 13. All other sports will have their team photos taken on Friday, Aug. 19.

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LHS Spring 2005 athletic team academic achievement awards

The Illinois High School Athletic Association (IHSA) recognizes those varsity athletic teams throughout the state that maintain a grade point average of 3.0 or higher throughout their respective seasons. The grade point average for all varsity teams must be computed on a 4.0 system and the grade point average must include **EVERY** member of the varsity team that enters the first level of state qualifying competition. The 2004-2005 LHS teams were outstanding not only on the athletic playing fields, but also performed well academically. Eighteen LHS varsity teams were honored with the IHSA Team Academic Achievement Award. Congratulations to our players and teams for their excellence in the classroom as well as on the field.

Team	Total Cumulative GPA
Boys' Varsity Cross Country	3.13
Girls' Varsity Cross Country	3.52
Boys' Varsity Golf	3.17
Girls' Varsity Golf	3.31
Girls' Varsity Swim/Diving	3.50
Girls' Varsity Tennis	3.26
Girls' Varsity Volleyball	3.45
Boys' Varsity Basketball	3.02
Girls' Varsity Basketball	3.54
Poms	3.42
Boys' Varsity Gymnastics	3.04
Girls' Varsity Softball	3.07
Girls' Varsity Soccer	3.24
Boys' Varsity Tennis	3.37
Boys' Varsity Track	3.20
Girls' Varsity Track	3.35
Girls' Varsity Water Polo	3.45
Boys' Varsity Water Polo	3.08

New LHS coaches for 2005-06

Brian Twadell	Boys' Asst. Cross Country Coach and In-District Teacher
Chris Moore	Boys' and Girls' Asst. Soccer Coach
Hillary Olech	Girls' Asst. Swimming Coach and In-District Teacher
Aimee Peek	Girls' Head Cheerleading Coach
Kathie Swanson	Girls' Asst. Basketball Coach
Bryan Wilcox	Girls' Asst. Basketball Coach and In-District Teacher
Mike Marchinski	Boys' Asst. Volleyball Coach

From the Hills *continued from page 18*

Most of our athletic teams accommodate all interested students, however, programs such as volleyball, boys' and girls' golf must limit the number of participants. Cheerleading and Pom Pon squads have already been selected. Those students that try out and are not selected for squads which have limits on numbers of participants are encouraged to join another of the many programs available. There is also special recognition for those who choose to participate in sports each of the three sport seasons. As a reminder, all athletic participants must have on file in the Athletic Office a completed permit card for the fall season, a signed Code of Conduct and evidence of a satisfactory physical examination within the past 12 months. Parents of freshmen should mark Wednesday, Aug. 31 in their calendar as the evening of our Freshman Athletic Orientation. The program is for students as well as parents, and will begin in the main gymnasium at 7:00 pm. It will last no longer than one hour. Please plan to attend.

On the coaching scene, the Cougars will enjoy some familiar faces in different roles, as well as new personnel in the coaching ranks. We have two new fall head coaches:



Sean Connelly



Brittany Henley

Brittany Henley is our new pom pon coach and has worked hard with the squad all summer to provide top quality performances this fall, and **Sean Connelly** will lead the girls' volleyball program into competition this year. Coach Connelly coached at Buffalo Grove High School and will work in the VHHS special services department this year. **Jeff Zematis** has become our head boys' cross country coach, and his wife **Erin**, will share head coaching responsibilities with **Suzanne Richert** on the girls' side. **Nathan Sweet** will also work with the boys' program. In volleyball, **Charles Mann** and **Mike Marchinski** will coach the freshman squad, **Toni Zerillo** returns to the Cougar coaching staff as our girls' and boys' diving coach, as CATs Aquatics Coach, **Pat Costello**, adds Cougar Assistant Girls' Swim Coach to his responsibilities this fall. **Mike Moran** of our special services department, a certified professional golf instructor, will join **Ron Long** to work with our girls' golf program this fall.

Congratulations are in order to two of our finest Cougar athletes; Alumnus **Rachel Taylor** has been selected to the 2005 Illinois Coaches Association AA All-State Softball Team as an outfielder and senior, first baseman **Nick Morreale**, was selected to the All-State Baseball Team by the Illinois Baseball Coaches Association. Morreale was also this year's *Daily Herald* Lake County Player of the Year.

LHS calendar *continued from page 9*

October 2005

10/01/05	Homecoming Parade, 9:30 a.m., starts at the train station
10/01/05	Homecoming Football games
10/01/05	Homecoming Dance in Gym, 8:00 - 11:00 p.m.
10/03/05	Rosh Hashana begins at sundown
10/04/05	Non-Attendance Day
10/05/05	IMEA Auditions (Band)
10/06/05	Make-up/Retakes Yearbook Pictures
10/06/05	IMEA Auditions (Choir)
10/07/05	Lunch with an Administrator
10/08/05	SAT at LHS
10/11/05	IMEA Auditions (Orchestra)
10/11/05	Making Your Freshman Year Count Presentation
10/11/05	Class Ring Ordering, 5:00 – 8:00 p.m.
10/12/05	Class Ring Ordering, Lunch Periods
10/12/05	Parent CATS Meeting, 7:00 p.m.
10/12/05	Yom Kippur begins at sundown
10/13/05	Non-Attendance Day
10/14/05	Student of the Month Presentation, 2:00 p.m.
10/15/05	PSAT at LHS
10/18/05	Jr. College Awareness Program, Studio Theater, 7:30 p.m.
10/19/05	Half-day In-service/PLAN Test Administered to all sophomores in afternoon
10/19/05	Blood drive assembly
10/19/05	CRC Open House, 6:30 – 8:30 p.m.
10/20/05	LHS/Jr. High Choral Festival, Auditorium, 7:30 p.m.
10/22/05	ACT at VHHS
10/27/05	1 st Quarter Ends
10/28/05	2 nd Quarter Begins

Future Dates: Remember to visit www.d128.org for the complete 2005-06 calendar

District 128 Speakers Bureau

The District 128 Speakers Bureau was developed as an additional means of communicating with members of the community. District 128 administrators are available to speak to local groups and organizations on a variety of topics about Libertyville and Vernon Hills High Schools, including:

Athletics
Community Education Opportunities
Community/School Partnerships
District 128 Overview
Fine Arts
LHS Overview
Making the Transition from Jr. High to High School
Federal "No Child Left Behind" legislation
School Finance
Standards
Student Activities
Technology
VHHS Overview
And more . . .

Please contact **Mary Todoric**, director of communications, at 847-327-7186 or mary.todoric@d128.org for more information on this program or to schedule a speaker.

CATS Aquatics looking for new swimmers

The CATS Aquatic Swim Team has space available for new swimmers for the 2005 - 06 season. CATS, the official feeder swim team for District 128 high schools, has five different practice groups to accommodate swimmers of all ability levels. Every new swimmer will be evaluated for proper placement in the practice groups.

An evaluation day will be held on Aug. 29 from 6:30 p.m. - 8:30 p.m. at Vernon Hills High School for new swimmers. Registration for all new and returning swimmers will be held on Aug. 30 at 6:30 p.m. for returning swimmers and 7:30 p.m. for new swimmers.

For more information, please visit our website at www.cats-aquatics.com or call the Aquatic Directors at either high school.



Community High School District 128
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